

CURRICULUM VITAE

#

RICHARD KONES, MD PhD (due January, 2019)

I. UNDERGRADUATE STUDY: NEW YORK UNIVERSITY, 1957-1960 (Matriculated in three years; Majors: chemical engineering, mathematics). **GPA = 4.0**

Recipient, Chemistry Achievement Award, New York University Department of Chemistry, and Regents College Scholarships

II. GRADUATE STUDY: NEW YORK UNIVERSITY SCHOOL OF MEDICINE, 1960-1964

- Independent research on kinetics of solutes and solvents in rabbit kidney and heart, quantification of actions of aldosterone, and electrolyte imbalances in stressed patients. Departments of Physiology and Surgery.
- Certificates in advanced general physiology and communications in the sciences
- Awarded student research scholarships for four successive years

III. POSTGRADUATE TRAINING AND POSITIONS

TITLE	HOSPITAL or ORGANIZATION	APPOINTMENT TERM
Straight Medical Internship, Surgical and Medical Residencies	New York Hospitals	1964-1968
Teaching Fellow In Cardiology Commissioned to design, equip, implement, staff and become Founding Physician-in-Charge of a new ICU and CCU wing	Knickerbocker Hospital , later Arthur C Logan Memorial, New York, NY	1968-1969
Fellow in Cardiology and Chief Resident	Veterans Administration Hospital New Orleans, LA	1969-1970

Fellow in Cardiology	Tulane University School of Medicine, New Orleans, LA under NHLBI Grant	1969-1970
Instructor in Cardiology	Tulane University School of Medicine Charity Hospital, New Orleans, LA	1969-1971
Assistant Professor, Section of Cardiology	New York Medical College, New York, NY	1971-1972
Physician-in-Charge, Coronary Care Unit and Asst Attending Physician	Flower & Fifth Ave Hospitals, New York, NY	1971-1972
Attending Physician and Cardiology Consultant	Bronx-Lebanon Hospital Center, AECM Affiliate Westchester Square Medical Center/Montefiore/AECM	1971-1973
Attending Physician and Cardiology Consultant	Medical Arts Center Hospital/NYU School Medicine Cabrin Medical Center Hospital/NYU School Of Medicine Williamsburg General Hospital (all New York, NY)	1972-1976 1978-1988

IV. FURTHER POSITIONS

TITLE	HOSPITAL or ORGANIZATION	LOCATION
Physician and Consultant in Cardiology, 1979-1981	Southwest Memorial Hospital	Houston, TX
Clinical Investigator and Visiting Physician, 1971-1991	Tulane University School Medicine, Section of Cardiology (John Phillips MD)	New Orleans, LA
Medical Director 1989-1994 1988-2002	Medical & Diagnostic Center Nutrition, Sports, Health Clinic	Houston, TX
Research and Oversight, Medical Writing and Editing, 2005-present	Cardiometabolic Research Institute	Houston, TX
Faculty, 2009-10	Institute For Spirituality And Health (Appointed by Dr Masterson for a special community-based project with SDH educational effects upon CV risk reduction)	Houston, TX

V. OTHER ACTIVITIES

Cardiovascular Nurses Cardiovascular Assessment/CME Program	Spring Branch Hospital, Houston, TX (A series of lectures, written handouts for interpretation of ECGs, echocardiograms, and algorithms in clinical care)	2008-2010
Founding Editor-in-Chief, Research Reports in Clinical Cardiology	Dove Medical Press, London	2010-present
Principles & Practice of Clinical Research, 2012-13	National Institutes Of Health, Certification	Clinical Center/Methodist Hospital
Principles & Practice of Clinical Research, 2014-15 Update	National Institutes Of Health, Certification https://ippcr.nihtraining.com/archive.php?year=2014	NIH
Postgraduate courses in Health Sciences Research (PhD), Trident University International: International Health Research-epidemiological transition cultural aspects; Research Methods; Qualitative Research; Quantitative Research & Advanced Statistics I & II, Program Evaluation; Research Seminar; Linking Theory to Research; others.	PhD , Health Sciences candidate (Dissertation completed) GPA = 4.0 Ashley Dellosa, Academic Adviser Mickey Shacher, PhD, Dean Dwight Ryan, PhD, Director, Doctoral Health Sciences Program Trident University International, Cypress, CA	4/2/2015- 12/2018

VI. MENTORS

- a. **SAUL FARBER MD**, Professor of Medicine, Dean, Provost, NYU School of Medicine; Master and Board, American College of Physicians; Chair, American Board of Internal Medicine, Chair, AMA Council on Medical Practice.
- b. **CURRIER McEWEN MD**, Professor and Dean, NYU School of Medicine, Founding President, American College of Rheumatology.
- c. **GEORGE E BURCH, MD, MACC**, Professor and Chief of Cardiology, Tulane University School Medicine; Master, American College of Cardiology, Editor, American Heart Journal.
- d. **EDMUND H. SONNENBLICK, MD**, Distinguished University Professor of Medicine and Chief Emeritus in Cardiology, Albert Einstein College of Medicine, Professor, Harvard Medical School, Editorial Board, American Physiological Society and American Heart Association Journals.
- e. **JOHN H. PHILLIPS MD, FACC**, Professor and Chief, Section of Cardiology, Tulane School of Medicine, and Board Member, Southern Society for Clinical Investigation.
- f. **J. WILLIS HURST, MD, MACP**. Legendary cardiologist, Chief of Medicine, Emory School of Medicine, President of the American Heart Association, the Association of Professors of Medicine, and original author of "Hurst's The Heart" now in its 14th edition.

VII. ONLINE IDENTIFIERS

ORCID ID: <http://orcid.org/0000-0001-5462-9275>

LinkedIn profile: <http://www.linkedin.com/in/richard-kones-md-faha-fesc-frsm-fccp-frsph-50032617>

ResearchGate profile: https://www.researchgate.net/profile/Richard_Kones_Md2/publications

PubMed: <https://www.ncbi.nlm.nih.gov/pubmed/?term=kones+r> (please copy with "+r" and paste into browser)

[Elsevier Reviewer Recognition Award](#)

<https://www.reviewerrecognition.elsevier.com/recognition/index?key=A002F298890F30D85B0400DC1E98EC68C983A636CC86B856>

Scopus profile (under construction): <http://www.scopus.com/authid/detail.url?authorId=7004561486>

Publons Profile: <https://publons.com/author/1156643/richard-kones-md-faha-fesc-frsm-frsh#profile>

Website Profile: <http://www.dovepress.com/journal-editor--research-reports-in-clinical-cardiology-eic96>

VIII. CONTINUING MEDICAL EDUCATION

Numerous ongoing CME activities sponsored by various academic accrediting entities -present, totaling over 1300 hours. A recent selection includes

- National Lipid Association: The association between HDL cholesterol and CVD Risk: Where do we stand? Sept. 12, 2013 (Symposium)
- Fractalkine, American College of Cardiology (Journal), Apr. 11, 2013.
- Global Biochemical/Biomarker Profiling-Updated Analysis of metabolomics alone and in conjunction with other omics studies in specific diseases. TX Medical Center Commons Bldg, Metabolon, March 6, 2015.
- Pri-Med Southwest, in conjunction with the American College of Physicians and Baylor College of Medicine faculty, Houston Texas, March 12-14, 2015, 13.5 AMA CME credits.
- Innovation in Health Care Leadership--The New Health Care Marketplace. Seminar. The New England Journal of Medicine Group, June 4, 2015.
- Series of 4 lectures by Peter Libby, MD, Harvard School of Medicine, 2015, online series.
- Management of STEMI, NonSTEMI myocardial infarction, American Heart Association, 2016
- Pri-Med Southwest, in conjunction with the American College of Physicians and Baylor College of Medicine faculty, Houston Texas, June 12-14, 2016, 6.5 AMA CME credits.
- MD Anderson Hospital. Greater Houston Health Connect. Data Exchange. The Health Information Management Systems Society (HIMSS) Houston Education Event, "A Picture is Worth 20 mSv", organized by HIMSS Houston Chapter at MD Anderson Mays Clinic, Houston TX, September 23, 2016. 11:00-1:30PM
- Texas Medical Center Accelerator (TMCx) Digital Health 2017. March 7, 2017. 3 hr. Technology Innovation series. <http://www.tmc.edu/innovation/innovation-programs/tmcx/>. Ongoing series 2450 Holcombe Blvd
- Texas Medical Center, Texas Heart Institute, Dan M. Roden MD. Adventures in understanding and managing variable drug actions: from QT prolongation to population genomics. March 20, 2017 4-5PM
- Texas Medical Center (TMCx Accelerator) Councils: Postdoc Networking Night. October 12, 2017 4PM-7PM <https://www.eventbrite.com/e/tmc-councils-postdoc-networking-night-tickets-36895183487?invite=&err=29&referrer=&discount=&affiliate=&eventpassword=>

- Diabetes in cardiology 2017: treating ischemic heart disease patients. European Society Cardiology 10/17/2017. <https://escol.escardio.org/MyESC/modules/accreditation/AccreditationPaymentSummary.aspx>
- Physiology: the Science of Life. Review. University of Liverpool, The Physiological Society, London. 8/18-10/22/2017. www.futurelearn.com <https://www.futurelearn.com/certificates/3qxkrea>
- Texas Medical Center Innovation Institute, December 6, 2017. 5:30-7:30 PM. 2450 Holcombe Blvd, Suite X, Houston, TX 77021.
- Texas Medical Center Policy Institute Course, TMC Executive Offices. Challenging Everything You Think You Know About Health Care. Dr. Arthur Garson, JR, Director. MC John P. McGovern Commons. January 9, 2018. Inaugural session. Panel/discussion, 5:30 PM to 7:00 PM 12 Subsequent weekly sessions through April, 2018, total 39h. Instructive collaboration of 9 health universities and schools within the Texas Medical Center, teaching participants the fundamentals of U. S. healthy policy led by noted experts from across TMC. www.tmc.edu/health-policy/course/
- Nutrition Science for Health and Longevity: What Every Doctor Needs to Know 40 hr 3 CME Gaples Institute training/AMA.
- Antimicrobial Resistance Research Stewardship Seminar. UT Center for Microbial Genomics, City of Houston public Health Dept. Jan 17, 2018 8:30AM through Jan 18, 18 3:00 PM. Bioscience Research Collaborative, Houston 77030, 22 hours CME
- Federation of American Societies for Experimental Biology (FASEB). Maximizing Shared Research Resources: Survey Findings and Recommendations from FASEB. Fri, Jan 19, 2018 1:00 PM. webinars@faseb.org
- Precision Metabolomics: Quality Control & Assurance in Untargeted Metabolomics. Webinar. Jan 30, 2018 10AM. Metabolon.
- Intravascular Ultrasound-guided management of diffuse coronary stenosis. April 24, 2018 10 AM. Radcliffe Cardiology Webinar Phillips.
- FMMA Houston Chapter. April 25, 2018. The Healthcare Revolution Starts Here, Houston, 2.5 hours
- Managing Surgical and Osteoarthritic Pain - What is an Effective Strategy? April 26, 2018 1h cme. Houston.
- American Heart Association, SW Regional Office, Houston. Stroke Update. May 15, 2018. 12:00-1:00 PM 1cme
- American Institute for Cancer Research, launch of *Diet, Nutrition, Physical Activity, and Cancer: A Global Perspective, 3rd Expert Report*. Washington DC. Blueprint to Beat Cancer. Webinar ,May 24, 2018 8AM-11:00 AM.
- AMSTAR 2: Appraisal tool for systematic reviews of randomized and observational studies. McMaster University, National Collaborating Centre for Methods and Tools. June 19, 2018 12:00PM-1:30PM. <http://www.nccmt.ca/www.healthevidence.org> <https://health-evidence.webex.com/health-evidence/onstage/g.php?MTID=e128e2ef3ef27ebe69656f74b0adc39a3>
- National Science Foundation Supports Advances in Biological Research. Federation of American Societies for Experimental Biology (FASEB). Jun 20, 2018 1:00 PM
- Connecting Community-Based Organizations and Health Systems to Improve Outcomes, Texas Medical Center, Healthcare Information and Management Systems Society. June 22, 2018. 11:30-1:00PM. Partnering with CBOs to improve readmission outcomes.
- Texas Medical Center Innovation Institute: Staying Current in the medical research and technology industry. Aug. 27, 2018
- Report Release: Crossing the Global Quality Chasm: Improving Health Care Worldwide. National Academies of Science, Engineering and Medicine (NASEM) Health and Medicine. August 28, 2018, 9-10 AM
- The Nation's Pulse: The Texas Medical Center's 2018 Consumer Survey. TMC Health Policy Institute. Sept 12, 2018.. Surprising revelations of a large survey concerning health care challenges and solutions.
- Texas Medical Center-McGovern Campus TMCx Curriculum Series, Sept-Dec 2018, 18 hours
- Texas Medical Center Health Policy Institute Curriculum 9-14-18. TMC Accelerator, Houston. Dr. Tim Garson, Director of the TMC Health Policy Institute will lead this session on various health policies and misconceptions about health in the US versus other countries.
- Obesity Forum-2018. Symposium. Vindico CME 10-27-18 Westin Oaks, Houston 7AM-12PM
- Texas Medical Center Health Policy Institute Curriculum 1-15-19 through May, 2019. Dr. Tim Garson, Director of the TMC Health Policy Institute will lead this updated course.

IX. COMMUNITY ACTIVITIES

- **2005-present:** Numerous educational and informal seminars, lectures, and workshops given at businesses, places of worship, meeting halls, to diverse interest groups on healthy habits. These outreach gatherings presented information, including validated tools to increase awareness and promote behavior changes for the prevention of cardiovascular disease ("Life's Simple 7"), diabetes, cancer and other chronic diseases from a variety of sources.
- **Public Health Advocacy Participation:**
 1. Healthy People 2020 (HHS, AHRQ)
 2. Million Hearts (HHS, AHRQ)

3. New England Journal of Medicine-Catalyst Insight Council Member
A collaborative physician and student community for connecting, mentoring, and research, <https://medstro.com/>
4. AHA-Hypertension Strategically Focused Research Network
5. The National Prevention, Health Promotion, and Public Health Council
6. Stop Diabetes STAT Initiative, 2015 (CDC, AMA) [Prevent Diabetes STAT](#)
7. Lown Institute for transforming healthcare systems and improving the health of communities
8. American Heart Association Advocate to promote healthier communities and individuals, involving the National Institutes of Health, Prevention, Quality of Care, Access to Care, and Stroke. Highest Achievement level, Badges as Clinical professional, Educator, and Research in "You're the Cure" program.
<https://yourethecure.org/aha/advocacy/actioncenter.aspx#RecordYourActions>

9. AMA [Health Literacy Program](#)
10. [AMA, CDC Initiative Aims to "Prevent Diabetes STAT" Screen, Test, Act – Today; 2015-
www.preventdiabetesstat.org www.cdc.gov/media/releases/2015/p0311-diabetes-stat.html www.ama-
assn.org/sub/prevent-diabetes-stat/for-health-care-professionals.html](#)
11. AMA's Healthier Life Steps program <http://www.medscape.org/viewarticle/583676>
12. [Improving Health Outcomes initiative](#) (AMA) 2013-present
13. STOP Obesity Alliance, ASN and others [[Strategies to Overcome and Prevent \(STOP\) Obesity Alliance](#)]
14. Exercise is Medicine in Action (EIM) (ACSM)
15. Step It Up! The Surgeon General's Call to Action to Promote Walking and Walkable Communities <http://www.surgeongeneral.gov/library/calls/walking-and-walkable-communities/index.html>
16. National Physical Activity Plan Alliance
17. YOU'RE THE CURE (American Heart Association)
18. Treat & Reduce Obesity (The Endocrine Society)
19. One Billion Steps Challenge (American Public Health Association)
20. Partnership for a Healthier America (Office of Disease Prevention and Health Promotion)
21. *Let's Move*. First Lady Michelle Obama's childhood obesity initiative
22. True Health Initiative
23. Champion Advocates Programme, World Heart Federation
24. The RightCare Alliance, Brookline, MA
25. Health Care Professional Program (American Diabetes Association)
26. [Target: BP™](#) (national initiative co-led by the AHA and the AMA)
27. Culture of Health Program , National Academy of Medicine. <https://nam.edu/programs/culture-of-health/>
28. (Technologically) Integrated Health Model Initiative, AMA. Physician-led, collaborative data model for organizing and exchanging information <https://ama-ihmi.org/profiles/richard-kones> Member in the Pulmonary/asthma & quality improvement Program, Integrating Social Determinants of Health into Primary Care Clinical and Informational Workflow during Care Transitions, [Hypertension management](#), [Diabetes prevention](#), [Asthma functional status and patient goals](#), [Defining wellness](#) collaborative communities
29. Federation of American Societies for Experimental Biology (FASEB) [Science Policy Advocacy and Communications](#)
30. Advocacy for Health (APHA)
31. Public Policy Agenda Mission, The American Society for Parenteral and Enteral Nutrition (ASPEN)
32. "Speak for Health. (APHA) <http://connect.apha.org/group.htm?igid=159716>
33. [The EveryONE Project](#) (AAFP) <https://www.aafp.org/patient-care/social-determinants-of-health/everyone-project.html>

X. CURRENT RESEARCH INTERESTS

- 2017- **Coronary revascularization outcomes and the biology of atherothrombosis.** In patients with ischemic heart disease, the decision to proceed with coronary revascularization, the timing, goals, and which procedure is most appropriate are a function of many variables. Apart from other patient, environmental, provider, or institutional factors, the fundamental pathophysiology of atherothrombotic coronary disease and its milieu strongly affects outcomes. Focusing upon the presence of diabetes, this project examines the natural history of vascular biology and its impact upon outcomes of PCI and CABG. Pathogenesis of coronary heart disease, the important differences between chronic stable disease and acute coronary syndromes, influence of diabetes, newer techniques in both PCI and CABG, coronary anatomy, ventricular function, patient preferences, and the significance of the recent ORBITA and related findings will be among the topics addressed. The research theme is: What is ultimately best for the patient and how do we know?
- 2018- **World Heart Federation Salim Yusuf Emerging Leaders Programme.** This project is described in a [press release](#) and WHFthe [website](#) **Error! Hyperlink reference not valid.** accordingly, including two versions of the brochure ([global leaders in cardiovascular health](#) and [corporate sponsors](#)). Please visit the [Emerging Leaders website](#) for more details. I will participate as one of the collaborators on an international consultation of experts, an composite review of the topic of *Barriers to the "25 X 25" WHO Targets of the Control of Noncommunicable diseases*, beginning in December, 2018..
- 2006- Basic science, translation, and implementation of lifestyle medicine to reduce CV and chronic disease. Lifestyle medicine is a scientific, evidence-based approach to decreasing disease risk and illness burden by utilizing lifestyle interventions such as nutrition, physical activity, stress reduction, sleep, smoking cessation, and avoidance of alcohol abuse. These are exemplified by the
 (1) American Heart Association initiatives and strategic plan to reduce CVD;
 (2) [LMEd – Lifestyle Medicine Education Collaborative](#) with a strategic plan to (I) provide high-quality curricular material; (II) solicit support of medical school deans, critical administration, and faculty; (III) influence federal and state policy; (iv) develop and conduct assessment; and (v) support medical students as

lifestyle medicine champions.

(3) European Lifestyle Medicine Organization (ELMO), the leader Organization of Lifestyle Medicine in Europe and a founder member of "Lifestyle Medicine Global Alliance".

XI. WRITING AND EDITING EXPERIENCE-SUMMARY

- Assistant Professor, New York Medical College, formal lectures
- Adjunct Faculty North Harris County College, Dept. Biology, 1988-1989
- Participant, Mentor Panels, American Heart Association, the Endocrine Society, and the American Society for Clinical Pharmacology and Therapeutics-motivating, counseling, and advising youth since 2005
- Member and participant, New England Journal of Medicine-Catalyst Insight Council-A collaborative physician and student community for connecting, mentoring, and research
- Organizer and author of content, handouts, and evaluation exercises for cardiovascular Nurses, Spring Branch Hospital, Houston Continuing Education Program, 2008-2010
- Founder and Editor-in-Chief, Research Reports in Clinical Cardiology Dove Medical Press (Taylor & Francis)
- Editor-in-Chief and Editorial Board Member for over 35 additional peer-reviewed journals which include disciplines of cardiology, endocrinology, diabetology, public health and medical decision-making
- Peer-reviewer for over 180 journals over the years, a process focused upon medical content, its accuracy and whether it is current, adequacy of study design, synthesis of data, grammar, style, and adjudication of references
- Completed invitations to groups for particular editing assignments, such as "Fluids, Electrolytes, and Acid-Base Disorders Handbook" (ASPEN), guidelines for The Endocrine Society, the Dutch Organisation for Health Research and Development and the Life Science Teaching Resource Community/Scholars-Program
- Author of 6 books about cardiogenic shock and other clinical concerns
- Gave lectures to both professionals and lay groups concerning nutritional recommendations and controversies as part of the American heart Association's Life's Simple Seven Program.
- From 2006-present, member of International Mentor Panels for students, young researchers and faculty.

XII. PUBLICATIONS (most recent copies available at https://www.researchgate.net/profile/Richard_Kones_Md2)

1. Kones RJ; Phillips JH; Glucagon In Congestive Heart Failure. *Cardiology Digest*. (November) 1971; 6:11.
2. Kones RJ; Phillips JH; Glucagon: Present Status In Cardiovascular Disease. *Cardiology Digest*. (March) 1972; 7:28.
3. Kones RJ; Phillips JH, Hersh J; Pathophysiology And Mechanism Of Chaotic Atrial Mechanism. *Chest*. 1972 (Also Presented At The 38th Scientific Session, American College Of Chest Physicians, October 22 – 26, 1972, Denver); 62:366
4. Kones RJ; What's New In The Management Of Left Ventricular Power Failure? San Juan; American College Of Angiology, 19th Annual Meeting; (January 22 – 25) 1973.
5. Kones RJ; Pathogenesis of Cardiogenic Shock; *Medical Digest*. (January) 1974; 20:35 – 36.
6. Kones RJ; Il Glucagone Nel Blocco Cardiaco; *Acta Diabetologia Latina*. 1973; 20:125
7. Kones RJ, Phillips Jh; Il Glucagone Nell'insufficienza Cardiaca Congestizia; *Acta Diabetologia Latina*. 1973; 10:125 – 126.
8. Kones RJ; Qualitative Aspects Of Entropy; *Draper Digest*. (June) 1958; 4:24–26 (Department Of Chemistry, New York University).
9. Kones RJ; Electroluminescence; *Draper Digest*. (June) 1959; 5:16–20 (Department Of Chemistry, New York University).
10. Kones RJ; The Exponential And Logarithmic Functions And Their Sequential Properties: A Rigorous And Sequential Development, New York University, The Department Of Mathematics (As A Supplementary Syllabus To Advanced Mathematical Analysis, Postgraduate School – Engineering); (April) 1960
11. Kones RJ; Diffusion Of Nonelectrolytes And Electrolytes Across Biological Membranes; *Draper Digest*. (May) 1960; 6:1–8 (Department Of Chemistry, New York University).
12. Kones RJ; On The Etiology And Serological Manifestations Of Systemic Lupus Erythematosus And Rheumatoid Arthritis; Presented To The Rheumatic Diseases Study Group, Currier Mc Ewen, Md Chairman. (August 25) 1963; 1 – 72.
13. Kones RJ; Glucagon In Heart Block; *Southern Medical Journal*. (April) 1971; 64(4):459 – 461. [Pdf \(151 Kb\)](#)
14. Kones RJ, Phillips JH; Glucagon In Congestive Heart Failure *Chest*. (April) 1971; 59(4):392–397. [Abstract_Full Text \(Pdf\)](#)

15. Kones RJ, Phillips JH; Glucagon – Present Status In Cardiovascular Disease; Clinical Pharmacology And Therapeutics. (May-June) 1971; 12:427- 444.
16. Kones RJ; Topics In Biological Transport. I. Particular And Ionic Diffusion; Journal Of Molecular And Cellular Cardiology. (October) 1971; 3(2):179 – 192. [Abstract Pdf](#)
17. Kones RJ, Dombeck DH, Phillips JH; Glucagon In Cardiogenic Shock; Angiology (Sept) 1972; 23(9):525 – 535. [Full Text \(Pdf\)](#) | [References](#) | [Table Of Contents](#)
18. Kones RJ, Phillips JH; Newer Inotropic Agents For Cardiogenic Shock; Southern Medical Journal. (March) 1972; 65(3):329 – 332. [Pdf \(210 Kb\)](#)
19. Kones RJ, Phillips JH; Foreign Body Of The Heart Complicated By Papillary Muscle Necrosis And Located By Echocardiography: Report Of The Case And Review Of The Literature; Chest. (July) 1972; 62(1):52 – 57. [Abstract Full Text \(Pdf\)](#)
20. Kones RJ; El Glucagon En La Terapia De Los Sindromes De Debito Bajo; Revista Medica De Chile. (By Invitation) 1972; 100:1116 – 1119.
21. Burch GE, Kones RJ; Essential Hyperhidrosis: Correlation Of Digital Blood Flow And Capillary Fine Structure After Unilateral Sympathectomy; American Journal Of Medicine. (March) 1973; 54(3):378 – 389. [Abstract Abstract + References Pdf \(6348 Kb\)](#)
22. Kones RJ Capillary Endothelium and Data Processing: A Hypothesis; Perspectives In Biology And Medicine. (Winter) 1973; 16:288 – 291.
23. Kones RJ; Capillary Ultra Structure In Thermally Stressed Paired Digital Biopsies Of Man; Angiology. (July) 1980; 31 (7):472– 480. [Full Text \(Pdf\)](#) | [References](#) | [Table Of Contents](#) [Http://Ang.Sagepub.Com/Content/31/7/472.Full.Pdf+Html](http://Ang.Sagepub.Com/Content/31/7/472.Full.Pdf+Html)

24. Kones RJ; Glucagon: A New Agent For The Treatment Of Low Cardiac Output Syndromes; Japanese Heart Journal (By Invitation). (May) 1972; 13:226 – 271.
25. Kones RJ; Cardiogenic Shock-Recent Advances And Therapeutic Implications; Cardiology Digest (By Invitation). (February) 1973; 8:7 – 19.
26. Kones R; Oxygen Therapy For Acute Myocardial Infarction: Basis For A Practical Approach; Southern Medical Journal. (November) 1974; 67:1322–1328. <http://Sma.Org/Southern-Medical-Journal/Article/Oxygen-Therapy-For-Acute-Myocardial-Infarction-Basis-For-A-Practical-Approach/>
27. Kones RJ, Benninger GW; Digitalis For Acute Myocardial Infarction; Heart And Lung. (January – February) 1975; 4:99 – 103.
28. Kones RJ; Pathogenesis Of Cardiogenic Shock; New York State Journal Of Medicine. (June 15) 1973; 73:1662 – 1670, 1793 – 1804. (July 1) 1973; Parts I And Ii.
29. Kones RJ; Cardiogenic Shock – Recent Advances In Pharmacologic Management; New York State Journal Of Medicine. (July 15) 1973; 73:1886 – 1893, 1967 – 1980. (August 1) 1973; Parts I And Ii.
30. Kones RJ; Mechanical Circulatory Assistance: Present Status; New York State Journal Of Medicine. (March) 1974; 74:516 – 531.
31. Kones RJ; Metabolism Of The Acutely Ischemic And Hypoxic Heart; Critical Care Medicine. (November – December) 1973; 1(6):321 – 330. [Abstract Pdf Http://Journals.Lww.Com/Ccmjournal/Toc/1973/11000](http://Journals.Lww.Com/Ccmjournal/Toc/1973/11000)
32. Kones RJ; The Equivalent Electric Circuit Of The Sarcolemma; Medikon (Belgium). (January, No. 1) 1976; 5:5 – 10.
33. Kones RJ; Molecular And Ionic Basis Of Altered Myocardial Contractility, Research Communications In Chemical Pathology And Pharmacology January 1973; Volume 5, Supplement 1, Pp 1-84, Later Published As A Monograph By PJD Publications, Westbury, NY <http://www.ncbi.nlm.nih.gov/pubmed/4356588> Res Commun Chem Pathol Pharmacol. 1973 Jan;5(1):1-84
34. Kones RJ, Phillips JH; Glucose, Insulin and Potassium (GIK) Treatment For Low Cardiac Output Syndromes; Critical Care Medicine. (July – August, No. 4) 1975; 3(4):143 – 154. [Abstract Pdf](#)
35. Kones RJ; Cardiogenic Shock, Isbn #0-87993-932-2, Library Of Congress #79-89311, 153 E. Main Street, Mount Kisco, New York 10549, Futura Publishing Company; 1974.
36. Kones RJ; Glucose, Insulin, Potassium And The Heart, Isbn #0-87993054-3 Library Of Congress #74-21391, 153 E. Main Street, Mount Kisco, New York 10549, Futura Publishing Company; 1975.
37. Kones RJ; Terapia Glucocorticoidea En El Infarto Agudo Del Miocardio. Revista Medica (Chile); (July) 1974; 102:536 – 541.
38. Kones RJ Phillips JH; Insulin: Fundamental Mechanism Of Action And The Heart, Cardiology. (September) 1976; 60:280 – 303.
39. Kones RH; Ventricular Mechanics Following Acute Myocardial Infarction And In Cardiogenic Shock, Medikon (Belgium). (January) 1975; 4:9 – 16.
40. Kones RJ; Digitalis: Facts And Fantasies, Cardiology Digest. (July) 1974; 9:11 – 15 And (November) 1974; 9:11 – 15.
41. Kones RJ. Insulin, Adenyl Cyclase, and The Heart. Trans NY Acad Sci. Dec 1974; 36(8) Series Ii, Pp 738-774. <http://Onlinelibrary.Wiley.Com/Doi/10.1111/J.2164-0947.1974.Tb01608.X/Abstract> [Abstract Article PDF2019k](#) Doi: 10.1111/J.2164-0947.1974.Tb01608.X
42. Kones RJ; Glucose, Potassium And Insulin Therapy For Heart Disease, New York State Journal Of Medicine. (August) 1975; 75:1463 – 1492 (By Invitation).
43. Kones RJ. Cardiogenic Shock: Therapeutic Implications Of Altered Myocardial Energy Balance. Angiology. May 1974; Vol. 25: Pp. 317 - 333. [Full Text \(Pdf\)](#) | [References](#) | [Table Of Contents](#)
44. Kones RJ, Phillips JH; Chaotic Atrial Mechanism: Characteristics And Treatment, Critical Care Medicine. (September – October) 1974; 2(5):243 – 249. [Abstract Pdf](#)

45. Kones RJ, Phillips JH; Reduction In Myocardial Infarct Size: Prevention Of Heart Cell Death, Southern Medical Journal (April) 1976; 69(4):442-448. [Abstract Pdf \(665 Kb\)](#)
46. Kones RJ, Phillips JH; Prevention Of Heart Cell Death, In Progress In Cardiology, In Yu PN And Goodwin Jf, Editors. FPhiladelphia, Pa: Lea & Febiger;1975;4:199-224. [Review-Bmj](#)
47. Kones RJ; Ventricular Mechanics Following Acute Myocardial Infarction and In Cardiogenic Shock (Abstract), Cardiology World 1. (August) 1975; 5:7 – 8.
48. Kones RJ. Potassium Metabolism In The Normal And Ischemic Heart Cell. [International Journal Of Clinical Pharmacology And Biopharmacy](#) 13:4 1976 Jun Pg 269-91
49. Kones RJ; Rational Therapy In Cardiogenic Shock 1976, Hospital Formulary. (January, Number 1) 1977; 12:47 – 54.
50. Kones RJ; Treatment Of Shock Complicating Acute Myocardial Infarction, Primary Cardiology. (September) 1976; 2:38 – 43.
51. Kones RJ; Editor, New Horizons In Cardiovascular Diseases, Library Of Congress #79-89752, Isbn #0-87993-101-G, Mt. Kisco, NY 10549; Futura Publishing Company; 1980-1983; Volumes 1 – 3.
52. Kones RJ Shock Cardiogenico, (Spanish Translation), Ediciones Toray, Sa, 9, Barcelona, Spain; Riera De San Miguel; (November) 1976; 352 Pp.
53. Phillips JH, Kones RJ; An Overview Of Electrical Cardioversion, Primary Cardiology. 1978; 4:67 – 75.
54. Kones RJ; Emotional Stress, Plasma Catecholamines, Cardiac Risk Factors, and Atherosclerosis. Angiology. (May, Number 5) 1979; 30(5):327-336. Doi: [10.1177/000331977903000506](https://doi.org/10.1177/000331977903000506) [Full Text \(Pdf\)](#) | [References](#) | [Table Of Contents](#)
55. Kones RJ. Cardiac Pacing In Acute Ischemic Heart Disease: Current Concepts and Indications, Journal of Medicine, Pjd Publications Ltd., Po Box 966, Westbury, NY. 11590. (Numbers 5 And 6) 1980; 11:425 – 437.
56. Kones, RJ; Editor, Controversies In Cardiology, Mt Kisco, Ny 10576; Futura Publishing Company; 1981 – 1985; Vols. 1 – 4.
57. Kones, RJ; Guest Editorial: Glucose, Insulin And The Ischemic Heart, Fusion. (July) 1979; (Number 9) 2:59 – 62.
58. Kones RJ, Phillips JH; Bundle Branch Block In Acute Myocardial Infarction: Current Concepts And Indications, Acta Cardiologica, T. Xxxv. 1980; 469 – 478.
59. Kones RJ; Risk Factors Revisited In New Horizons In Cardiovascular Disease, Kones R, Editor, Mt Kisco, NY 10549; Futura Publishing Company; 1980; Pp.
60. Kones RJ; Indications For Temporary And Permanent Cardiac Pacing In Acute Ischemic Heart Disease In New Horizons In Cardiovascular Disease, Kones R, Editor, Mt. Kisco, NY 10549; Futura Publishing Company; 1980; Pp.
61. Kones RJ; Insulin And The Heart In New Horizons In Cardiovascular Disease, Kones R, Editor, Library Of Congress #79-89752, Isbn #0-87993-101-9, Mt Kisco, NY 10549; Futura Publishing Company; 1980; Volume Ii Pp.
62. Kones RJ; Intra-Aortic Balloon Assist In Cardiogenic Shock, Journal Of Medicine. Accepted For Publication 1981.
63. Kones RJ; Indications For Temporary And Permanent Pacemaker Therapy In Acute Ischemic Heart Disease And Myocardial Infarction, Cardiology European Journal. 1981.
64. Kones RJ; Overall Management Of Myocardial Infarction Shock In New Horizons In Cardiovascular Disease, Kones Rj, Editor, Mt Kisco, NY 10549; Futura Publishing Company; 1981; Vol Iii Pp.
65. Kones RJ; Overall Management Of Cardiogenic Shock, In Advances In Coronary Care, Reprinted From Critical Care Quarterly, Volume 3, Numbers 5 & 6, 1600 Research Boulevard, Rockville, Md 20850; Aspen Systems Corp.; (September & December) 1981.
66. Kones R. Molybdenum In Human Nutrition. Journal Of The National Medical Association, Jan. 1990; 82(1): 11,32,40,53,56. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2625930/>
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2625930/pdf/jnma00887-0013.pdf>
67. Kones RJ. Current Concepts In Therapy, Folic Acid: An Update With New Recommended Daily Allowances, Southern Medical Journal Dec 1990; 83(12):1454-1458. [Abstract Pdf \(535 Kb\)](#)

68. Kones R. Cardiology Board Review Syllabus, Medical And Diagnostic Center, Philadelphia; (March 23 – 25) 1992; 1 – 216.
69. Kones R. Nutrition And Lifestyle Encyclopedic Dictionary. Medical & Diagnostic Center. Philadelphia. 1993. 576pp.
70. Kones R. Preventive Cardiology—Principles And Practice Of Lifestyle Medicine, Philadelphia, Pa; Institute For Optimum Nutrition; 1994; 427pp.
71. Kones R; A Comprehensive Healthy Life Plan: An Evidence-Based Path To A Healthy Heart And Longer Life; 2003; 724 Pp. Houston, Tx. Nutrition, Sports & Health Clinic, Inc.
72. Kones R: The Jupiter Study, CRP Screening, and Aggressive Statin Therapy—Implications for the Primary Prevention of Cardiovascular Disease. *Ther Adv Cardiovasc Dis*. August 2009;3(4):309-315. [Abstract](#) | [Full Text \(PDF\)](#) | [References](#) | [Table of Contents](#) PMID: 19460829
Medscape (html) Featured: <http://www.medscape.com/viewarticle/712266>. Physicians' rating: ★★★★★
73. Kones R: Hand Washing: Why, When And How. Medpedia, Published Online, October 27, 2009, Accessible At [http://wiki.medpedia.com/Clinical:Hand_Washing:Why, When, and How](http://wiki.medpedia.com/Clinical:Hand_Washing:Why,_When,_and_How)
74. Kones R: Ubiquinone-Pathophysiology and Present Role in Heart Disease. *Medical Nutrition Matters*. (American Dietetic Association Medical Nutrition Practice group, MNPg) Sept 2009;29(1):5-18. <http://www.mnpgdpg.org/mnm/archives/29/1>
75. KONES R: Mitochondrial therapy for Parkinson's disease: neuroprotective nutrition based upon pathophysiology may be disease-modifying. *Clinical Pharmacology-Advances and Applications*. Sept 17 2010. Clin Pharm. 2010;2:185–198. http://www.dovepress.com/articles.php?article_id=5303. www.ncbi.nlm.nih.gov/pubmed/22291504
76. KONES R. Parkinson's disease: mitochondrial molecular pathology, inflammation, statins and therapeutic neuroprotective nutrition. *Nutrition in Clinical Practice Nutr Clin Prac*. August, 2010;25(4):371-389. [Abstract](#) [Full Text](#) [Full Text \(PDF\)](#)
77. Kones R. After Cardiac Surgery, How Does Nutrition Fit In With Risk Factors? *JPEN J Parenter Enteral Nutr*. 34 (2): 163-167 MAR 2010 PMID: 19910527 [Full Text \(PDF\)](#) | [Full Text \(HTML\)](#) | [Table of Contents](#)
78. Kones R. Recent advances in the management of chronic stable angina. I. Approach to the patient, diagnosis, pathophysiology, risk stratification, and gender disparities. *Vasc Health Risk Manag*. June 14, 2010;6:635-656. <https://doi.org/10.2147/VHRM.S7564> http://www.dovepress.com/articles.php?article_id=4852 pdf: <http://www.dovepress.com/getfile.php?fileID=6953> <http://www.ncbi.nlm.nih.gov/pubmed/20730020>
79. Kones R. Recent advances in the management of chronic stable angina. II. Anti-ischemic therapy, options for refractory angina, risk factor reduction, and revascularization. Invited review. *Vasc Health Risk Manag*. August 11, 2010; 6:749–774. DOI 10.2147/VHRM.S11100 <http://www.dovepress.com/recent-advances-in-the-management-of-chronic-stable-angina-ii-anti-isc-peer-reviewed-article-VHRM> pdf: <http://www.dovepress.com/getfile.php?fileID=7348> PMID: 20859545 [Free text](#) [Related citations](#)
80. Kones R. Low-fat vs low-carbohydrate diets, weight loss, vascular health, and prevention of coronary artery disease: the evidence, the reality, the challenge, and the hope. Invited Editorial. *Nutr Clin Pract*. October, 2010;25(5): 528-541, doi:10.1177/0884533610380614 [Extract](#) [Full Text](#) [Full Text \(PDF\)](#)
81. Kones R. [Rosuvastatin, inflammation, C-reactive protein, JUPITER, and primary prevention of cardiovascular disease – a perspective](#). *Drug Design, Development and Therapy* 9/2010, 4:383-413. <http://www.dovepress.com/rosuvastatin-inflammation-c-reactive-protein-jupiter-and-primary-preve-peer-reviewed-article-DDDT>
82. Kones R. Is prevention a fantasy, or the future of medicine? A panoramic view of recent data, status, and direction in cardiovascular prevention. *Ther Adv Cardiovasc Dis*. February, 2011;5(1):51-61. DOI: [10.1177/1753944710391350](https://doi.org/10.1177/1753944710391350) [Abstract](#) [Full Text \(PDF\)](#) <http://tak.sagepub.com/cgi/content/abstract/5/1/61>. Also reproduced on Medscape <http://www.medscape.com/viewarticle/737353> Physician Rating: ★★★★★ by Medscape MDs
83. Kones R. Primary prevention of coronary heart disease: integration of new data, evolving views, revised goals, and role of rosuvastatin in management. A comprehensive survey. *Drug Design, Development and Therapy*, Drug Des Dev Ther June 10 2011;5:325–380. DOI: [10.2147/DDDT.S14934](https://doi.org/10.2147/DDDT.S14934) http://www.dovepress.com/articles.php?article_id=7638. <http://www.ncbi.nlm.nih.gov/pubmed/21792295>
84. Kones R. [Oxygen therapy for acute myocardial infarction-then and now. A century of uncertainty](#). *Am J Med*. 2011 Nov;124(11):1000-1005. PMID: 22017777 <http://www.ncbi.nlm.nih.gov/pubmed/22017777>

85. Kones R. Inflammation, CRP, and cardiometabolic risk: how compelling is the potential therapeutic role of omega-3 PUFA in cardiovascular disease? (Invited editorial) *Clin Lipidol*. Dec 2011;6(6):627-630. [html <http://www.futuremedicine.com/doi/full/10.2217/clp.11.58> or PDF <http://www.futuremedicine.com/doi/pdf/10.2217/clp.11.58>]
86. Merino J, Kones R, Ferré R, et al. Negative effect of a low-carbohydrate, high-protein, high-fat diet on small peripheral artery reactivity in patients with increased cardiovascular risk. *British J Nutr*. April, 2013;109(7):1241-1247. [Abstract](#) [View PDF\(120KB\)](#) [View HTML\(167KB\)](#) <http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8877972&fulltextType=RA&fileId=S0007114512003091>
87. Merino J, Kones R, Ferré R, et al. [Low-carbohydrate, high-protein, high-fat diet alters small peripheral artery reactivity in metabolic syndrome patients](#). *Clin Investig Arterioscler*. [Clínica e Investigación en Arteriosclerosis] 2014;26:58-65. [Full Text PDF](#) doi: 10.1016/j.arteri.2013.11.004. PMID: 24365581
88. Kones R. Reducing residual risk: modern pharmacochimistry meets old-fashioned lifestyle and adherence improvement. *Ther Adv Cardiovasc Dis*. June 2013;7(3):169-181. [Abstract](#) [Full Text \(PDF\)](#) <http://tak.sagepub.com/content/7/3/169.abstract> Available to the public at <http://www.medscape.com/viewarticle/804865>
89. Kones R. Molecular sources of residual cardiovascular risk, clinical signals, and innovative solutions: relationship with subclinical disease, undertreatment, and poor adherence: implications of new evidence upon optimizing cardiovascular patient outcomes. *Vasc Health Risk Manag*. Oct. 19, 2013;9:617-670. DOI: <http://dx.doi.org/10.2147/VHRM.S37119>. Full text: http://www.dovepress.com/articles.php?article_id=14736. PDF: www.dovepress.com/getfile.php?fileID=17881 Molecular sources residual risk new evidence optimizing outcomes vhrm10-13 <http://www.ncbi.nlm.nih.gov/pubmed/24174878>
90. Merino J, Sala-Vila A, Kones R, Ferré R, Plana N, Girona J, Ibarretxe D, Heras M, Ros E, Masana L. Increasing long-chain n-3 PUFA consumption improves small peripheral artery function in patients at intermediate-high cardiovascular risk. *J Nutr Biochem*. 2014 Jun;25(6):642-6. PMID:24746829. doi: 10.1016/j.jnutbio.2014.02.004. [http://www.jnutbio.com/article/S0955-2863\(14\)00043-6/abstract](http://www.jnutbio.com/article/S0955-2863(14)00043-6/abstract) [Abstract](#) [Full Text](#) [PDF \(228 KB\)](#)
91. Kones R, Rumana U. Dyslipidemia, risk factors, and the prevention of cardiovascular disease in women. Invited editorial. *J Womens Health (Larchmt)*. May, 2013;22(5):402-403. DOI: [10.1089/jwh.2013.4426](http://www.ncbi.nlm.nih.gov/pubmed/23659481) <http://www.ncbi.nlm.nih.gov/pubmed/23659481> or <http://online.liebertpub.com/doi/abs/10.1089/jwh.2013.4426>
- [Re: Cholesterol Screening for Women: Who Is "At-Risk"? Cheryl L. Robbins, Patricia M. Dietz, Shanna Cox, Elena V. Kuklina. *Journal of Women's Health*. May 2013, 22(5):404-411. [Abstract](#) | [Full Text PDF](#) or [HTML](#). In Papers published as Cholesterol screening, CV risk factors women jwh5-13 paper]
92. Kones R, Rumana U. Will the epidemic of metabolic syndrome raise the prevalence of antiplatelet drug resistance? Editorial. *Int J Applied Basic Med Res*.8/27/2013;3(2):75-76. August, 2013. Will the epidemic of metabolic syndrome raise the prevalence of antiplatelet drug resistance? [[ABSTRACT](#)] [[HTML FULL TEXT](#)] [[PDF](#)] [Commentary on Paul R, Banerjee AK, Guha S, Chadhuri U, Ghosh S, Mondal J, et al. Study of platelet aggregation in acute coronary syndrome with special reference to metabolic syndrome. *Int J App Basic Med Res*. 8/27/2013;3(2):44-48. [[ABSTRACT](#)] [[HTML FULL TEXT](#)] [[PDF](#)] [[Mobile HTML Full text](#)] [[EPub](#)]
93. Kones R, Rumana U. Prevention of cardiovascular disease: Updating the immensity of the challenge and the role of risk factors. *Hospital Practice*. February, 2014;42(1):92-100. DOI: [10.3810/hp.2014.02.1096](http://www.ncbi.nlm.nih.gov/pubmed/24566601) <http://www.ncbi.nlm.nih.gov/pubmed/24566601>
94. Kones R, Rumana U. Cardiovascular prevention: components, levels, early origins, and metrics. *Hospital Practice* Aug 2014;42(3):84-95. DOI:10.3810/hp.2014.08.1121. Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/25255410> PMID:25255410
95. Kones R, Rumana U. Current Treatment of Dyslipidaemia: A new paradigm for statin drug use and the need for additional therapies. *Drugs*. (Springer). 2015;75(11):1187-1199. DOI [10.1007/s40265-015-0428-4](http://www.ncbi.nlm.nih.gov/pubmed/26115727). PMID: 26115727. <http://www.ncbi.nlm.nih.gov/pubmed/26115727>
96. Kones R, Rumana U. Current Treatment of Dyslipidaemia: Evolving roles of non-statin and newer drugs. *Drugs*. (Springer). July, 2015;75(11):1201-1228. DOI 10.1007/s40265-015-0429-3. PMID:26169307. <http://www.ncbi.nlm.nih.gov/pubmed/26169307>
97. Kones R, Rumana U, Merino, J. Exclusion of 'nonRCT evidence' in guidelines for chronic diseases – is it always appropriate? The Look AHEAD study. *Current Medical Research and Opinion*. Posted June 9, 2014. *Curr Med Res Opin*. 2014;30(10):2009-2019. doi:10.1185/03007995.2014.925438 . PMID 24841173.

<http://informahealthcare.com/doi/abs/10.1185/03007995.2014.925438> Full text PDF (653 KB)
<http://informahealthcare.com/doi/pdf/10.1185/03007995.2014.925438>

98. Kones R, Rumana U. Cardiometabolic diseases of civilization: history and maturation of an evolving global threat. An update and call for action. *Ann Med* (Taylor & Francis/Informa). May 2017;49(3):260-274. doi 10.1080/07853890.2016.1271957. <http://dx.doi.org/10.1080/07853890.2016.1271957> <http://www.tandfonline.com/eprint/d8PTVKKTRCgN3nrzcYQZ/full> <http://dx.doi.org/10.1080/07853890.2016.1271957> 50 free <http://www.tandfonline.com/eprint/d8PTVKKTRCgN3nrzcYQZ/full>
99. Merino J., Kones R, Ros E. [Effects of the Mediterranean Diet upon endothelial function.] Efeitos da dieta mediterrânea sobre a função endotelial. Chapter 25, Section I. Disfunção Endotelial e Síndromes Clínicas, in *Endothelium and Cardiovascular Diseases*, [Ros E., Libby P. Eds, Ed 2] da Luz, PL, Laurindo FRM, Chagas, ACP, Editors. Endotélio & Doenças Cardio Vasculares. 2ª. Edição, Biologia Vascular e Síndromes Clínicas, Springer (Atheneu, Brazil), 2016, p 383-413 (Portuguese)
100. Merino J, Kones R, Ros E. Effects of Mediterranean Diet on Endothelial Function. In *Endothelium and Cardiovascular Diseases: Vascular Biology and Clinical Syndromes*. Chapter 25. Edited by Da Luz PL, Libby P, Martins Laurindo FR, Palandri AC. Philadelphia, PA: Academic Press/Elsevier, Jan 2018, pp363-383. (English) DOI. 10.1016/B978-0-12-812348-5.00025-8 ISBN-13: 978-0128123485 Available at https://www.researchgate.net/publication/323630265_Effects_of_Mediterranean_Diet_on_Endothelial_Function?fullTextFileContent
101. Kones R, Rumana U. Stable ischemic heart disease. *Cardiol Clin* 8/2014;33(3):333-351. DOI: [10.1016/j.ccl.2014.04.004](https://doi.org/10.1016/j.ccl.2014.04.004) In *Cardiology Clinics. Focus on Coronary Artery Disease*. David Shavelle MD, editor; Elsevier Publishing Co, 2014; Philadelphia, PA. <http://www.sciencedirect.com/science/article/pii/S0733865114000253>
102. Kones R, Rumana U. Angina may trump ischemia in predicting stable coronary artery disease (CAD) outcomes, but most cardiovascular (CV) events occur in patients without angina or asymptomatic ischemia. *Evid Based Med* (BMJ). June, 2015;20(3):111. Epub before print on 3/13/2015 <http://ebm.bmj.com/cgi/content/full/ebmed-2014-110128>. PMID: 25770149 <http://www.ncbi.nlm.nih.gov/pubmed/25770149> doi:10.1136/ebmed-2014-110128 In file/reprints as Angina trumps ischemia as outcome predictor ebm6-15'
103. Kones R, Rumana U. Stable ischemic heart disease. *Heart Fail Clin*. 2016 Jan;12(1):11-29. doi: 10.1016/j.hfc.2015.08.003. <http://www.ncbi.nlm.nih.gov/pubmed/26567972>
104. Kones R, Rumana U. Nutrition studies, optimum cardiovascular health, and coronary atherosclerosis—ensuring a solid foundation for public policy. Editorial. 27 August, 2016, *J Clin Exp Cardiol*. 2016; 7(8): e145. <http://dx.doi.org/10.4172/2155-9880.1000e145> <http://www.omicsonline.org/open-access/nutrition-studies-optimum-cardiovascular-health-and-coronary-atherosclerosisensuring-a-solid-foundation-for-public-policy-2155-9880-1000e145.pdf> DOI: [10.4172/2155-9880.1000e145](https://doi.org/10.4172/2155-9880.1000e145)
105. Morales-Salinas A, Coca A, Sánchez R, Sebba-Barroso WK, Kones R, Olsen MH, Patel P, Bertomeu-Martínez V, Sobrino J, Alcocer L, Piñero DJ, Lanás F, Machado CA, Aguirre Palacios F, Ortellado J, Pérez G, Sabio R, Landrove O Rodríguez D, Rodríguez Porteltes A, Monteagudo-Lima L, Dueñas Herrera A, De la Noval García R, Armas-Rojas N, Parra J, Piskorz D, Bryce-Moncloa A, Waisman G, Ventura H, López-Jaramillo P, Wang J, Burrell LM, Schutte AE, Barbosa E, Redon J, Weber M, Lavie CJ, Ramírez A, Ordunez P, Zanchetti A. Clinical Perspective on Antihypertensive Drug Treatment in Adults with Grade 1 Hypertension and Low-Moderate Cardiovascular Risk. Results of an International Expert Consultation. *Curr Problems Cardiol*. 2017;42(7):198-225. doi:10.1016/j.cpcardiol.2017.03.001
106. Kones R. The case study: should it be dismissed as anecdotal and valueless, or be retained as a time-honored method of bedside teaching? *Cardiovascular Disorders & Medicine*. (Editorial). 2017;2(2):1-2. *Cardiovasc Disord Med*. <https://oatext.com/The-case-study-should-it-be-dismissed-as-anecdotal-and-valueless,-or-be-retained-as-a-time-honored-method-of-bedside-teaching.php> doi: 10.15761/CDM.1000128.
107. Kones R, Rumana U. Omega-3 polyunsaturated fatty acids: new evidence supports cardiovascular benefits. *Journal of Public Health and Emergency* 4/7/2017; 1: 38. *J Public Health Emerg*. <http://dx.doi.org/10.21037/jphe.2017.03.04> <http://jphe.amegroups.com/article/view/3860/4660> doi: 10.21037/jphe.2017.03.04
108. Kones R, Howell S, Rumana U. n-3 Polyunsaturated Fatty Acids and Cardiovascular Disease: Principles, Practices, Pitfalls, Promises: A contemporary review. *Med Princ Pract* 2017;26(6):497–508. PMID: 29186721. DOI: [10.1159/000485837](https://doi.org/10.1159/000485837) https://www.karger.com/Article/Abstract/485837_PDF
109. Howell S, Kones R. Research Communication: A Calorie is Still a Calorie, According to New Rigorous Data. *J Diab Obes*. May 13, 2017;4(3): 1- 2. Ommega Publishing. <http://www.omegaonline.org/current-issue/Journal-of-Diabetes-and-Obesity/25>

110. Howell S, Kones R. Calories In, Calories Out: The Hope, Hype, and Science of Calories. *American Journal of Physiology Endocrinology & Metabolism*. Nov 2017;313: E608–E612. doi: <https://doi.org/10.1152/ajpendo.00156.2017> Abstract Full text PDF <http://ajpendo.physiology.org/content/early/2017/07/31/ajpendo.00156.2017.full.pdf+html> <http://ajpendo.physiology.org/content/early/2017/07/31/ajpendo.00156.2017>
111. Kones R, Rumana U. Kones R, Rumana U, Arain F. A general pathway model for improving health disparities. Re-examination of community and cultural involvement in improving cervical cancer screening in Vietnamese women. *J Clin Med* (Elsevier). In peer review. Dec, 2018
112. Kones R., Rumana U. Cultural primer for cardiometabolic health. Health disparities, structural factors, community, and pathways to improvement. *Postgraduate Medicine* (Taylor & Francis). Mar 2018;130(2):200- 221. Abstract | Full Text | PDF Doi <http://dx.doi.org/10.1080/00325481.2018.1421395>. <https://doi.org/10.1080/00325481.2018.1421395> 50 free reprints <https://www.tandfonline.com/eprint/cDatXH5dm8J5wMC4M3V4/full>
113. Salinas-Morales A., Kones R. Medication adherence and psychosocial-economic factors in Cuban hypertensive patients. A Cooperative project between the Lown Scholars Program of the Harvard T.H. Chan School of Public Health and the Cardiocentro “Ernesto Che Guevara” and Medical School, Villa Clara, Cuba. In preparation
114. Salinas-Morales A., Kones R. Barriers to Global Action Plan for the Prevention and Control of Noncommunicable Diseases: Proposal Modifications to the Voluntary Targets. *J Prev Med*. January, 2018;1(1):1-5. DOI: 10.21767/2572-5483.100022 Abstract | PDF <http://preventive-medicine.imedpub.com/abstract/barriers-to-global-action-plan-for-the-prevention-and-control-of-noncommunicable-diseases-proposal-modifications-to-the-voluntary-targets-21352.html> <http://preventive-medicine.imedpub.com/barriers-to-global-action-plan-for-the-prevention-and-control-of-noncommunicable-diseases-proposal-modifications-to-the-voluntary.pdf>
115. Morales-Salinas A, Coca A, Sánchez R, Sebba-Barroso WK, Kones R, et al. Perspectiva clínica sobre el tratamiento antihipertensivo en adultos con hipertensión grado 1 y riesgo cardiovascular bajo a moderado: consulta internacional de expertos. *Rev Panam Salud Publica* 1/2018;41:1-13 <https://www.paho.org/journal/> http://www.scielo.org/scielo.php?script=sci_issuetoc&pid=1020-498920170001&lng=en&nrm=iso Revista Panamericana de Salud Pública <http://iris.paho.org/xmlui/bitstream/handle/123456789/34513/v41v42i72017.pdf?sequence=1&isAllowed=y>
116. Morales-Salinas A, Kones R. Cardiovascular Risk Management Must Always Consider Social Determinants of Health: Past Lessons, Data, Proposals, and Challenges. *J Prev Med* 5/25/2018;3(2):14. Abstract | PDF https://www.researchgate.net/publication/325556101_Cardiovascular_Risk_Management_Must_Always_Consider_Social_Determinants_of_Health_Past_Lessons_Data_Proposals_and_Challenges [accessed Jun 04 2018].
117. Teixeira FJ, Matias CN, Monteiro CP, Kones R: [Effects of Alpha-hydroxy-isocaproic acid upon Body Composition in a Type I Diabetic Patient with Muscle Atrophy - A Case Study..](https://doi.org/10.1093/ajph/108.11.1611) *Yale J Biol Med*. Jun 28, 2018; 91(2):161-171. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6020731/> PMID: 29962922 PDF
118. Morales-Salinas A, Kones R. Concerning the Degradation of β -Blocker Use in the 2018 ESC/ESH Hypertension Guidelines. *Eur Heart J. Discussion Forum*. In peer review, November, 2018
119. Kones R, Morales-Salinas A, Goodarz D, Williams K, Rumana U. Cardiovascular Risk, Social Determinants of Health, and the Evidence Base for Global Health Policy. A Scoping Review. Submitted for Publication, November 2018.
120. Morales-Salinas A, Kones R, Rumana U. Benefits and harms of antihypertensive treatment in low risk patients. *Am J Hypertension Letter* (regarding evidence and confounding). Submitted Jan 2019
121. Kones R, Rumana U. Psychosocial stress, the brain-gut axis, microbiota and diet. *Am J Med/* In preparation.
122. Kones R, Rumana U, Morales-Salinas A. Confronting the most challenging risk factor—non-adherence. *The Lancet*. 2018. Published before print Dec 3. DOI: [https://doi.org/10.1016/S0140-6736\(18\)33079-4](https://doi.org/10.1016/S0140-6736(18)33079-4) Re: Visualisation of atherosclerosis by carotid ultrasound improves the adherence to guidelines and recommendations for primary prevention - a pragmatic randomised controlled trial. *Lancet* 2018. DOI: [https://doi.org/10.1016/S0140-6736\(18\)32818-6](https://doi.org/10.1016/S0140-6736(18)32818-6)
123. Kones R. Trends in revascularization patterns before and after the 2011 American College of Cardiology Foundation/American Heart Association guideline for coronary artery bypass graft surgery in diabetes patients with 3- and 4-vessel coronary artery disease. Dissertation, January 2019.

XIII. COMMENTARY ON THE QUALITY OF DR. KONES' WORK BY KEY OPINION LEADERS



CARDIOGENIC SHOCK, MECHANISM AND MANAGEMENT
by Richard J. Kones, MD, Mt. Kisco, New York, Futura Publishing, 1974, 386 pages

Despite careful monitoring and pharmacologic management, the high mortality rate of cardiogenic shock has continued to plague the practicing physician. Even with close supervision, its insidious onset is often overlooked. Previous reviews have shown that management of cardiogenic shock has frequently been rather stereotyped and often inadequate. Dr. Kones has written a comprehensive monograph on a timely subject that requires careful reading. The text commences with a detailed analysis of the pathophysiology of cardiogenic shock. An extensive bibliography, which characterizes much of the text, freely draws on the wide experience of many researchers in the field without jeopardizing continuity of thought. The diagrams are clear and easily understood. After chapters on myocardial mechanics and myocardial oxygen consumption, the second half of the text concerns the management of cardiogenic shock. Each step in the clinical approach to the problem is backed by scientific physiologic data. The well known inadequacy of the central venous pressure, the attributes of the Swan-Ganz catheter and the less well known limitation of the pulmonary wedge pressure as measures of left ventricular end-diastolic pressure are succinctly analyzed. The chapter on catecholamines and cyclic adenosine monophosphate includes an up-to-date analysis of dopamine and is as complete as any pharmacologic text. Separate chapters on corticosteroids, digitalis and glucagon are followed by chapters on devices for mechanical circulatory assistance. An unbiased and scientific attitude prevails without use of personal anecdotes. Some recent therapeutic measures, including nitroprusside combined with mechanical assistance to combine a reduced afterload with diastolic augmentation, are unfortunately omitted. Despite the newer drugs and gadgetry that may soon appear on the horizon, this text will still remain an excellent reference for understanding the basic concepts essential for successful management of cardiogenic shock. As noted by Dr. Alfred Soffer in the foreword, Dr. Kones has demonstrated a profound gift for describing in depth fundamental areas of cardiovascular function and disease.

Mark G. Cohen, MD, FACC
Wilmington, Delaware

Reprinted from the October issue

The American Journal of Cardiology

October, 1975;36(4):542. doi: 10.1016/0002-9149(75)90926-1



Review of **THE MOLECULAR AND IONIC BASIS OF ALTERED MYOCARDIAL CONTRACTILITY**, PJD Publications Ltd, Westbury, N. Y., (Research Communications in Chemical Pathology and Pharmacology) by Richard Kones.

This book serves as an exhaustive review of current information available on the interrelations of myocardial metabolism and function in normal and abnormal states. The information is presented in a concise fashion with an exhaustive bibliography. Indeed, the up-to-date bibliography is a great virtue to this compendium of recent information in the area.

The information is presented concisely and serves as an excellent summary of recent biochemical advances in the field.

Reviewed by **Edmund H. Sonnenblick MD, MACC, FAHA**

FOREWORD to **MANAGEMENT OF CARIOGENIC SHOCK** a book by Richard Kones

A unique relationship exists between medical editors and their consultants. If a journal is above all else an instrument of instruction then the editor and author look to reviewers as the "ultimate" faculty. Although the authors prepare the curriculum, the referees provide the criticism and analysis which make the fine "lesson" excellent and the splendid paper – superb. It is therefore a particular joy and privilege to be asked to comment upon the work of one's own consultant. In this instance both the author, Dr. Kones, and Dr. Adams, author of the Foreword, have rendered such assistance.

Dr. Kones has demonstrated a profound gift for describing in depth fundamental areas of cardiovascular function and disease. Some of his detailed papers represent superb examples of comprehensive analysis of current understanding of both fundamental and applied data. In this monograph he has once again employed these gifts to provide a remarkably complete and balanced reference source for the clinician, teacher, and investigator. The emphasis upon basic mechanisms of pathogenesis and therapeutic responses is the type of scholarly writing we have come to expect from Dr. Kones. It is the educational approach which lends dignity and stature to clinical instruction!



Alfred Soffer, MD MCCP, Professor of Medicine,
Executive Director, American College of Chest
Physicians Editor-in-Chief, CHEST

Foreword to **GLUCOSE, INSULIN, POTASSIUM, AND THE HEART** a book by Richard Kones

Since books, beyond synthesizing the experience acquired in the past, aspire to mold the future, the analysis of a specialized technical book from this point of view may shed light both on the scope of problems that a book encompasses and the creative imagination and courage of the author in trying to solve them, and to indicate the road that should be followed in the future. In this book, Dr. Kones succeeds in presenting the most important events of myocardial metabolism, and he relates them successfully not only to other fields of cardiovascular science, such as cardiac electrophysiology and mechanics, but most importantly, all of these events are linked masterfully to clinical observation. In this way, on the one hand, the clinical observations are presented and may be understood by the metabolic reactions and, on the other hand, the importance of the metabolic changes is emphasized by indicating their clinical consequences. This is an enormous task at this time, since the sphere of knowledge is expanding continuously, both the technological aspects, where new instruments and new methods are constantly devised and the scientific aspects, where phenomena that previously could be only superficially analyzed, today can be examined on the molecular and ultrastructural levels. The latter opens new avenues to the understanding of many fundamental events that determine both the physiologic regulation of cellular events and their alterations under pathologic conditions. The correct interpretation of these changes when a pathologic process occurs, and the ensuing treatment, can be accomplished only with a thorough understanding of all the biological events.

The lucid, comprehensive analysis of the effects of glucose on myocardial ischemia, starting from subcellular levels and then advancing to the cellular level, the isolated heart, the intact animal, and ending the clinical observation on patients with ischemic heart disease offers the so often searched for but so rarely reached bridge between the basic sciences and the clinical application. The richness in detail and the well-

researched subjects turn this book into a book that not only transmits the view of the author but that permits the reader to judge the controversial points for himself. Most certainly, therefore, this book should have an important and salutary effect on cardiology, since the progress in this field in the next decade will depend on physicians who are knowledgeable both in clinical medicine and in basic science. This book lays the foundation for this approach.



HARVARD
MEDICAL SCHOOL

Peter R. Maroko, M.D., Associate Professor of Medicine (Cardiology)
Harvard Medical School
Cardiovascular Research
Peter Bent Brigham Hospital, Boston

Foreword to **New Horizons in Cardiovascular Disease** Richard Kones., Editor and Contributor

I agree with Guy R. Lyle. He wrote the following paragraph in a section called, "To the Reader" for his book about prefaces.

"Preliminaries fascinate me. They are rooted in our life habits. They are to be observed in the handshake before a baseball or football game, in the clinking of glasses before a toast, in the overture to an opera, in the breaking of a champagne bottle over the prow at ship-launching, in the command for silence at the opening of court, in the presentation of a speaker, and in the introduction to a book."

Lyle then proceeded to have his old friend Kevin Guinagh write the preface for a book about prefaces. Both men were concerned about the neglected "literary genre—the preface— which has been edged out of the limelight by the greater variety and volume of other literary forms." Knowing that some critics expect a preface to be a "literary genre" I am fearful that my efforts will not do justice to the book. But I will try. When an author requests someone else to write the preface it is called a foreword and the one who is chosen to write it has been honored. I, therefore, thank Dr. Richard Kones and his coauthors for inviting me to introduce their book to the readers.

The book was not designed to be a complete treatise on the heart and circulation. The book was created by Dr. Kones and his co-authors to highlight what they consider to be important aspects of modern cardiology. They have studied the horizon of developing concepts and procedures and have chosen 6 subjects that stimulated them to place their pen to paper. Other men and women might choose different subjects. Since each of us is made up in part by all we have met, it follows that the topics selected for discussion will vary according to the interests and perception of those doing the choosing.

This is, of course, as it should be. Therefore, as one who edits and co-authors the book, *The Heart*, I am pleased to write the foreword for it gives the opportunity to look into the minds of others as they select and write about what they perceive as the newest and most important subjects they see on the horizon. The authors know that with one turn of the globe of progress that a new horizon will be seen. New concepts will appear, and as they come, a few old ones will crumble. I share with the authors of this book, and the authors of all other books, the excitement of making choices when the horizon changes rapidly. I therefore know how excited the authors will be when they smell the ink of the first one of their books that they open.

I recommend this book to readers who wish to assess the discussions created by a group of serious and devoted workers. As with all books, the readers will make the final judgement regarding the book itself. I was intrigued by the choices of the subjects that the authors made.

J. Willis Hurst, M.D.

Professor of Medicine (Cardiology)
Founder, Editor, and Contributor: *Hurst's The Heart*
Chairman of the Department of Medicine
Emory University School of Medicine Atlanta, Georgia

Review of: [Rosuvastatin, inflammation, C-reactive protein, JUPITER, and primary prevention of cardiovascular disease – a perspective](#). *Drug Design, Development and Therapy*, December 2010, 4:383-413

Dear Dr. Kones:

With considerable pleasure, I just finished reading your comprehensive and balanced review of **Rosuvastatin, inflammation, CRP, JUPITER, and primary prevention** that appeared in *Drug Design,*

Development, and Therapy. Unlike so many before you, I believe you have captured the essence of what this whole experience has been about, the promotion of health for our patients and a need to re-address and change how we go about preventing heart attack and stroke. I encourage you to keep writing on this issue as change is very difficult to accomplish, even when that change clearly benefits our patients.

With kindest regards,



December 15, 2010
Paul Ridker, MD, MPH, FACC, FAHA, Eugene Braunwald Professor
of Medicine (Cardiology), Harvard Medical School
pridker@partners.org
Director, Center for Cardiovascular Disease Prevention,
Divisions of Cardiovascular Diseases and Preventive
Medicine, Brigham and Women's
Hospital



Commentary by David Shavelle MD, Professor of Medicine (Cardiology), USC, re contribution to Cardiology Clinics themed Coronary Heart Disease, August, 2014:32(2):

Richard Kones

Thank you for participating in this project. I just sent you a new file with some edits and suggestions highlighted throughout the text. This is an excellent chapter that is concise and extremely well written.

The section on newer medical therapy for angina [...and tables] are [also] excellent.... I look forward to your [final copy for publication]...

Thank You,

David M. Shavelle, MD, University of Southern California
shavelle@usc.edu



Commentary by Trina M. Anglin, MD, PhD of Health and Human Services, Health Resources and Services Administration, regarding Cultural primer for cardiometabolic health. Health disparities, structural factors, community, and pathways to improvement, Postgraduate Medicine (Taylor & Francis ePublished Jan 2, 2018. Doi <http://dx.doi.org/10.1080/00325481.2018.1421395>. <https://doi.org/10.1080/00325481.2018.1421395>

"It is great that a highly prominent researcher in cardiovascular risk is citing HP2020..."

Trina Menden Anglin, M.D., Ph.D.
Chief, Adolescent Health Branch
Maternal and Child Health Bureau
Health Resources and Services Administration
Rockville, MD 20857

XIV. **FELLOWSHIPS AND MEMBERSHIPS (Past and Present)**

ACUTE CARDIOVASCULAR CARE ASSOCIATION
ALBERT EINSTEIN COLLEGE OF MEDICINE ALUMNI ASSOCIATION
AMERICAN ASSOCIATION OF CARDIOVASCULAR AND PULMONARY REHABILITATION
AMERICAN COLLEGE OF CLINICAL PHARMACOLOGY, FELLOW

AMERICAN SOCIETY FOR INTERNAL MEDICINE
AMERICAN CANCER SOCIETY
AMERICAN ASSOCIATION FOR CLINICAL CHEMISTRY
AMERICAN HEART ASSOCIATION, FELLOW and MENTOR PANEL
AMERICAN SOCIETY FOR PHARMACOLOGY AND EXPERIMENTAL THERAPEUTICS
AMERICAN CHEMICAL SOCIETY
AMERICAN SOCIETY FOR CLINICAL PHARMACOLOGY AND EXPERIMENTAL THERAPEUTICS,
MENTORING PROGRAM
AMERICAN THORACIC SOCIETY
AMERICAN MEDICAL WRITERS ASSOCIATION
AMERICAN COLLEGE OF ANGIOLOGY, FELLOW
AMERICAN COLLEGE OF EMERGENCY PHYSICIANS
AMERICAN MEDICAL ASSOCIATION
AMERICAN MEDICAL ATHLETIC ASSOCIATION
AMERICAN DIETETIC ASSOCIATION
AMERICAN ACADEMY OF NUTRITION AND DIETETICS
AMERICAN COLLEGE OF NUTRITION, FELLOW and MENTOR PANEL
AMERICAN COLLEGE OF SPORTS MEDICINE
AMERICAN ASSOCIATION FOR THE ADVANCEMENT OF SCIENCE
AMERICAN DIABETES ASSOCIATION
AMERICAN NUTRITION SOCIETY
AMERICAN SOCIETY FOR CLINICAL NUTRITION
AMERICAN SOCIETY FOR PARENTERAL & ENTERAL NUTRITION
AMERICAN SOCIETY FOR PREVENTIVE CARDIOLOGY
AMERICAN INSTITUTE OF BIOLOGICAL SCIENCES
AMERICAN PUBLIC HEALTH ASSOCIATION
AMERICAN GERIATRICS SOCIETY, FOUNDING FELLOW
AMERICAN SOCIETY FOR ANGIOLOGY, FELLOW
AMERICAN MEDICAL ATHLETIC ASSOCIATION
AMERICAN PHYSIOLOGICAL SOCIETY
THE PHYSIOLOGICAL SOCIETY (LONDON)
AMERICAN SOCIETY OF HYPERTENSION
AMERICAN SOCIETY FOR PHARMACOLOGY AND EXPERIMENTAL THERAPEUTICS
ASSOCIATION FRANCAISE POUR L'AVANCEMENT DE SCIENCES
CARDIAC ELECTROPHYSIOLOGICAL SOCIETY
CONNECTICUT LUNG ASSOCIATION
EUROPEAN ASSOCIATION OF ECHOCARDIOGRAPHY
EUROPEAN ASSOCIATION OF PREVENTIVE CARDIOLOGY
EUROPEAN ASSOCIATION OF PERCUTANEOUS CORONARY INTERVENTION
EUROPEAN ATHEROSCLEROSIS SOCIETY
EUROPEAN COUNCIL ON HYPERTENSION
EUROPEAN LIFESTYLE MEDICINE ORGANIZATION
EUROPEAN SOCIETY FOR CLINICAL NUTRITION AND METABOLISM
EUROPEAN SOCIETY FOR LIFESTYLE MEDICINE
EUROPEAN SOCIETY OF CARDIOLOGY, FELLOW
HEART FAILURE ASSOCIATION
EUROPEAN HEART RHYTHM ASSOCIATION
ESC WORKING GROUP ON HYPERTENSION AND THE HEART
EUROPEAN SOCIETY OF CARDIOLOGY COUNCIL FOR CARDIOLOGY PRACTICE
EUROPEAN ASSOCIATION OF CARDIOVASCULAR IMAGING
EUROPEAN ASSOCIATION OF PERCUTANEOUS CARDIOVASCULAR INTERVENTIONS
EUROPEAN ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION
FEDERATION OF AMERICAN SOCIETIES FOR EXPERIMENTAL BIOLOGY
HEART FAILURE SOCIETY of AMERICA
HEART RHYTHM SOCIETY
HOUSTON CARDIOLOGICAL SOCIETY
INFLAMMATION RESEARCH ASSOCIATION
INTERNATIONAL SOCIETY OF INTERNAL MEDICINE
INTERNATIONAL SOCIETY OF CARDIOLOGY
INTERNATIONAL SOCIETY OF HYPERTENSION
INTERNATIONAL COLLEGE OF ANGIOLOGY, FELLOW
INTERNATIONAL COLLEGE OF NUTRITION, FELLOW
INTERNATIONAL DIABETES FEDERATION
INTERNATIONAL UNION OF PHYSIOLOGICAL SCIENCES
INTERNATIONAL STUDY GROUP FOR RESEARCH IN CARDIAC METABOLISM
INTERNATIONAL ATHEROSCLEROSIS SOCIETY
INTERNATIONAL SOCIETY FOR HEART RESEARCH
INTERNATIONAL SOCIETY FOR THE STUDY OF FATTY ACIDS AND LIPIDS (UK)
INTERNATIONAL SOCIETY FOR HOLTER & NONINVASIVE ELECTROCARDIOLOGY (FELLOW)
LIFESTYLE MEDICINE EDUCATION COLLABORATION
MICROCIRCULATORY SOCIETY
MITOCHONDRIA RESEARCH SOCIETY
NATIONAL LIPID ASSOCIATION

NEW YORK ACADEMY OF SCIENCES
 NEW YORK CARDIOLOGICAL SOCIETY, FELLOW
 NEW YORK UNIVERSITY ALUMNI ASSOCIATION
 NUTRITION & METABOLISM SOCIETY (SUNY)
 ROYAL SOCIETY OF MEDICINE, FELLOW
 ROYAL SOCIETY FOR PUBLIC HEALTH, FELLOW
 ROYAL SOCIETY OF BIOLOGY, FELLOW (London)
 SOCIETY OF ADVANCED MEDICAL SYSTEMS, FELLOW (now the American College of Medical Informatics (ACMI)/American Medical Informatics Association)
 SOCIETY OF ATHEROSCLEROSIS IMAGING AND PREVENTION
 SOCIETY FOR CRITICAL CARE MEDICINE
 SOCIETY FOR SCIENCE-BASED MEDICINE
 SOCIETY FOR NUTRITION EDUCATION
 SOCIETY FOR GENERAL INTERNAL MEDICINE
 SOCIETY of FREE RADICAL RESEARCH (UK)
 SOCIETE FRANCAISE DE CARDIOLOGIE
 SOUTHERN MEDICAL ASSOCIATION
 SOUTHERN ASSOCIATION FOR GERIATRIC MEDICINE, FOUNDING FELLOW
 THE ENDOCRINE SOCIETY, EMERITUS and MENTOR PROGRAM PARTICIPANT
 THE NUTRITION SOCIETY (LONDON)
 TULANE MEDICAL ALUMNI ASSOCIATION
 WORLD HEART FEDERATION
 COMMITTEE ON PUBLICATION ETHICS, LONDON

XV. EDITORIAL APPOINTMENTS

- Founding Editor-in-Chief, Research Reports in Clinical Cardiology, [Dove Medical Press, Ltd.](http://www.dovepress.com), <http://www.dovepress.com/research-reports-in-clinical-cardiology-journal> and <http://www.dovepress.com/journal-editor-research-reports-in-clinical-cardiology-eic96>, 2010-present
- Founding And Contributing Editor, [Medpedia Project](http://www.medpedia.com), (a collaborative effort in association with Harvard Medical School, Stanford School of Medicine, UC, Berkeley School of Public Health, University of Michigan Medical School, 2008-2013), also serving on the Committees on Cardiovascular Disease (Board Member), Internal Medicine (Board Member), and Nutrition (Board Member) of the Medpedia Project
- Editorial Board, U. S. Cardiology Review, Radcliffe Cardiology <https://www.uscjournal.com/> <https://www.uscjournal.com/usc-editorial-board>
- Editorial Review Board, Life Science Teaching Resource Community/Scholars-Program, www.LifeSciTRC.org, cosponsored by the American Physiological Society, the Physiological Society, London, Massachusetts Society for Medical Research, and other partner organizations in the Life Sciences. This program aims to change use of a Teaching Resource Community Digital Library from an effective resource repository to a dynamic platform supporting a community of physiology and life science educators without access costs to maximize learning. Duties: Evaluating and reviewing merits of new resources for inclusion in the digital repository for cardiovascular physiological teaching at the graduate level, using criteria for scientific accuracy, content, pedagogy, and ethical/humane issues.
- Editorial Board Member, The Open Public Health Journal, Bentham publishing editorial@benthamopen.org <https://benthamopen.com/TOPHJ/home/>
- Editor-in-Chief and Editorial Board Member, about 38 additional open-access cardiology journals