

Joana Maria de Menezes Nunes – Curriculum Vitae



• Porto, Portugal • Portuguese • Female • Married • Age: 34

• www.joanamenezes.com • joana.maria.menezes@gmail.com • Phone: +351 91 646 22 94

EXECUTIVE SUMMARY

Performed the 5-year endocrinology training in Portugal, at the largest tertiary care and university hospital of the north of the country (Centro Hospitalar São João), and the number one on the national top ranking from 2008 to 2015. Completed the residency in 2015 with the final classification of 19,9 (scale from 0 to 20) and, by invitation, decided to move into private practice, to the largest private company in the Portuguese health sector (Luz Saúde), where is currently working as an endocrinology and diabetes Physician Assistant and Co-Investigator in STEP 4 clinical trial (from NovoNordisk®). Belongs to the pregnancy group of the Portuguese Society of Endocrinology Diabetes and Metabolism (SPEDM) and was co-author of the latest Portuguese guidelines for pregnant women submitted to bariatric surgery, published in January 2018. During her career was recognized with prestigious awards, namely the Presidential Poster Competition at ICE/ENDO 2014 (Chicago, USA) and ISE Travel Grant at the same meeting (in recognition of the effectiveness in endocrine research), published several papers, presented numerous posters and oral communications in national and international congresses, organized conferences and meetings and attended prestigious international clinical courses. Through these years dedicated herself to clinical investigation: post graduated in clinical investigation and health services in 2009, participated in national (HIPOS-ER) and international (ELIXA-EFC11319) clinical investigations, and belongs to the study group of Generation XXI of the Institute of Public Health (University of Porto). Is an actual reviewer of the Portuguese indexed (Pubmed/Medline) journal (*Acta Med Port*), is an editor of the Innovation Info Open Access Journals (IIEBM0235 Editor), is invited to speak at national talks by her peers, and performs regular certified scientific updates, the latest the Clinical Endocrinology Update (CEU) from the Endocrine Society, in September 2017 at Chicago, USA.

EDUCATION

University – University of Porto: Faculty of Medicine - Porto, Portugal

Sep. 2001 – Jun. 2007

- Applied with 19,55 values (in a scale from 0 to 20)
- Graduated in a 6-year program: pre-clinic years (1-3) and years 4-6 comprise the clinical component (at Centro Hospitalar São João)
- Distinguished with two prizes on the 6th year: best classified student in the year 2007 at the Internal Medicine module
- Final classification: 16 (scale from 0-20)

Post Graduation – University of Porto - Faculty of Medicine, Porto, Portugal

Sep. 2008 – Jun. 2009

- Completed the one-year specialization course of the Doctoral Program in Clinical and Health Services Research that addresses several scientific topics such as Health Research Methodology, Biostatistics, Evidence and Decision Making, Ethics and Law, Scientific Communication and Publishing, Health Research Informatics, Health Technologies Assessment, Health Services Research, Clinical Research, Research Protocols and Proposals, Laboratory Research, Qualitative Research, Aetiology, Risk and Prognosis Studies, Diagnosis Studies, Intervention Studies – Clinical Trials, Cost-Effectiveness and Decision Analysis and Synthesis Studies.
 - Final classification: 17 (scale from 0-20)
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CERTIFICATION AND LICENSURE

- Effective Member of the Portuguese Order of Physicians n. ° 47137

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GRADUATE MEDICAL TRAINING

Internship – Centro Hospitalar São João, Porto, Portugal

Jan. 2008 – Jan. 2009

- One year rotation program through different specialties: internal medicine (4 months), pediatrics (2 months), general surgery (2 months), obstetrics and gynecology (2 months), general practice and public health (2 months)
- Final classification: Approved

Residency – Centro Hospitalar São João, Porto, Portugal

Apr. 2010 – Oct. 2015

- A five-year program: one high intensity year focused on general internal medicine followed by continuing commitment to endocrinology, diabetes and metabolism (4 years)
- On the 4th year made 2 fellowships (4 months each): one at the pediatric endocrinology unit of Hospital D. Estefânia (Lisbon), a Pediatric Hospital, and the other one at the endocrinology unit of the Portuguese Institute of Oncology (Coimbra)
- Final classification: 19,9 (scale from 0-20)

PROFESSIONAL EXPERIENCE

Physician Assistant and Co-Investigator – Luz Saúde, Private Hospitals, Portugal

Nov. 2015 – ongoing

<http://www.luzsaude.pt/en> nnunes@hospitaldaarrabida.pt lbot@novonordisk.com

- Physician-in-practice in endocrinology, diabetes and metabolism
- Co-investigator in STEP 4 clinical trial from Novo Nordisk® at Hospital da Luz Arrábida

Physician Consultant – Trofa Saúde - Private Hospital, Alfena, Portugal

Jan. 2016 – Mar. 2018

<https://www.trofasaude.pt/alfena> fontes.carvalho@gmail.com

- Physician Consultant and Program Director of the Endocrinology and Diabetes Department - restructuring and implementing an Endocrinology Department in private practice and responsible for the networking with the other Medical Departments
- Physician-in-practice in endocrinology diabetes and metabolism
- Physician-in-practice in obesity – making part of the multidisciplinary team for obesity

Physician Assistant– Filipe Magalhães Ramos, Porto and Lisbon, Portugal

Mar. 2018 – ongoing

<https://fmrcirurgiaestetica.com> josefiliperamos@hotmail.com

- Physician-in-practice in obesity in a private esthetic surgery clinic: medical screening for obesity related chronic diseases, weight loss therapy, pre-operative assessment and personalized follow-up in order to achieve and maintain a healthier life

TEACHING EXPERIENCE – University of Porto: Faculty of Medicine - Porto, Portugal

Dec. 2011 – Oct. 2015

- Endocrinology, diabetes and metabolism to the 4th year students – in a voluntary basis

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HONORS AND AWARDS

- 2007 - Best classified student on the 6th year - Internal Medicine module
- 2013 - NEDO/Novartis Oncology Prize 2013 (acromegaly) – Portugal
- 2013 - Dr. Luís Marques Award – XIX Postgraduate course 2013 – Portugal
- 2014 - Presidential Poster Award Winner Competition – ICE/ENDO 2014 – Chicago, USA
- 2014 - ISE Travel Grant – ICE/ENDO 2014 – Chicago, USA
- 2015 - ECE 2015 – shortlisted Poster (thyroid nodules) - GP-25-03 – Dublin, Ireland
- 2015 - 5° ALGEDM 2015 – Best oral communication – Portugal
- 2016 - Research Project on Diabetes Mellitus - Award from the Portuguese Society of Diabetology – Portugal

PUBLISHED PAPERS

- 2014 - A challenging case of an ectopic Cushing syndrome. *Case Rep Med* - DOI: 10.1155/2014/413136
- 2014 - Pituitary incidentalomas – analysis of a neuroradiological cohort; *Pituitary* - DOI: 10.1007/s11102-015-0652-7
- 2014 - Hypopituitarism of unknown origin – *Rev Port Endocrinol Diabetes Metab* 2014;9(1):92–94
- 2016 - Deep neck infection in a diabetic patient – *Rev Port Endocrinol Diabetes Metab* 2016;11(2):246–252
- 2017 - Adrenal cortical carcinoma: a case report with long-term survival – *Rev Port Endocrinol Diabetes Metab* 2017;12(2):192-199
- 2017 - Obesity and metabolic syndrome in children: what's new? *Endocrinol Metab Int J* 4(3):00090.DOI 10.15406/emij.2017.04.00090
- 2018 - Adrenocortical carcinoma - a 25 years tertiary centre experience and short review of the literature. *Endocrinol Metab Int J* 2018, 6(1): 00148. DOI 10.15406/emij.2018.06.00148
- 2018 - Microalbuminuria in children and adolescents with type 1 diabetes mellitus: prevalence and predictive factors. *Int J Diabetes Complications*. 2018; 2(1):1-7
- 2018 - Obesity and metabolic programming- does it really start before birth? *Glob J Endocrinol Metab* 1(5). GJEM.000524.2018. DOI: 10.31031/GJEM.2018.01.000524

MEMBERSHIPS AND OTHER VALUABLE REMARKS

- ESE member (nr 51044) – Endocrine Society member ID (252363)
- SPD (nr 1060) – Portuguese Society of Diabetology
- SPEDM (nr 782) – Portuguese Society of Endocrinology Diabetes and Metabolism
- Belongs to the Pregnancy Group of the Portuguese Society of Endocrinology Diabetes and Metabolism (chairman joanaqr@gmail.com)
- Endocrinology/Pregnancy 2018 Protocols - http://www.spedm.org/website/download/1928-GEEG_LivroEndocGrav_5.pdf
- Belongs to the Study group of Generation XXI - Institute of Public Health (University of Porto) (mjoao.fonseca@ispup.up.pt)
- *Acta Med Port* Reviewer - <https://www.actamedicaportuguesa.com/revista/index.php/amp/article/viewFile/6256/4215>
- Innovation Info Open Access Journals Editor - http://innovationinfo.org/index.php/journal/editorial_board_member/Dr-Joana-Menezes-Nunes
- Full language professional proficiency – Portuguese (native) and English; professional proficiency – Spanish, Italian and French

PROFESSIONAL SUMMARY

Courses - International: 13; National: 21	As first author: 10 Oral Communications and 38 Posters
Meetings - International: 19; National: 30	Abstract Publications: 47 as first author; 23 as co-author
Discussion panels - International: 3; National: 6	Reviewed papers: 5
Meeting organizations: 9	Invitation talks: 40