

## Curriculum Vitae for Dr Sayed Tantawy



### **Personal Information**

<b>Name</b>	Sayed Abdel Moniem Tantawy Mosa
<b>Address</b>	Road 1805, Block 318, Building 363, flat 24, Al Hoorra, Manama, Kingdom of Bahrain
<b>Telephone</b>	36883977 & 36663084
<b>E-mail</b>	tantawyss@yahoo.com
<b>Marital status</b>	Married with 3 children
<b>Religion</b>	Moslem

<b>Present Job</b>
Associate Professor of Physiotherapy, College of Medical Health& Science, Ahlia University, Bahrain.
<b>Qualifications</b>
<ul style="list-style-type: none"> <li>• Certified Kinesio Taping Practitioner CKTP Elite, Kinesio Taping Association International, USA, 2015.</li> <li>• PhD degree of physiotherapy, Cairo University, 2006.</li> <li>• MSc degree of physiotherapy, Cairo University, 2002.</li> </ul>
<b>Awards</b>
Award winner of the distinguish scientist for the contribution and achievement of in the field of physiotherapy from Venus International Foundation (Center for Advanced Research& Design 2015).
<b>Scopus ID</b>
<a href="https://scholar.google.com/citations?user=rPJEkzgAAAAJ&amp;hl=en">https://scholar.google.com/citations?user=rPJEkzgAAAAJ&amp;hl=en</a>
<b>Web of Science Researcher ID</b>
<a href="https://publons.com/researcher/1372753/sayed-a-tantawy/">https://publons.com/researcher/1372753/sayed-a-tantawy/</a>
<b>Web of Science Researcher ID</b>
B-5101-2018
<b>ORCID</b>
0000-0002-7676-7764

## Google Scholar

<https://scholar.google.com/citations?user=rPJEkzgAAAAJ&hl=en>

## ResearchGate

[https://www.researchgate.net/profile/Sayed\\_Tantawy](https://www.researchgate.net/profile/Sayed_Tantawy)

## Professional Experiences

September 2018	<ul style="list-style-type: none"><li>• <b>Professor of Physiotherapy, Center of Radiation, Oncology &amp; Nuclear Medicine, Cairo University.</b></li></ul>
2014 to date	<ul style="list-style-type: none"><li>• Associate Professor of Physiotherapy, College of Medical &amp; Health Sciences, Ahlia University, Bahrain.</li></ul>
2009- 2014	<ul style="list-style-type: none"><li>• Assistant Professor of Physiotherapy, College of Medical &amp; Health Sciences, Ahlia University, Bahrain.</li></ul>
2006-2009	<ul style="list-style-type: none"><li>• Assistant Professor of Physiotherapy, Kasr El Aini Hospital, Cairo University.</li></ul>
2008- 2009	<ul style="list-style-type: none"><li>• Physical Therapy Director in Kasr El-Eini of Radiation, Oncology and Nuclear Medicine, Cairo University.</li></ul>
2007- 2008	<ul style="list-style-type: none"><li>• Vice Director of Physical Therapy for Training, Teaching and Scientific Research, Cairo University Hospital.</li></ul>
May 1995- 2007	<ul style="list-style-type: none"><li>• Chairman of Physiotherapy Department, Orthopedic Department, Cairo University.</li><li>• Physiotherapy Consultant, Tantawy Physiotherapy Center,</li></ul>

	Haram, Giza.
1991-1995	<ul style="list-style-type: none"> <li>• Chief of Physiotherapy, Sarat Abidha General Hospital, Abha, Kingdom of Saudi Arabia.</li> <li>• Sports injuries specialist, Sakr Algazera Club, Abha, Kingdom of Saudi Arabia.</li> </ul>
1987-1991	<ul style="list-style-type: none"> <li>• Chief of Physiotherapy, Physical Medicine and Locomotor System, Ahamed Shawky Hospital, Mohandeseen, Giza.</li> </ul>
1989-1990	<ul style="list-style-type: none"> <li>• Physiotherapist, Al-tawfikia Hospital, Cairo.</li> <li>• Physiotherapist, AIR Force Military Hospital, Cairo.</li> </ul>

### **Professional Membership**

- Member of Arab Association of Urology.
- Certified Kinesio Taping Practitioner CKTP Elite.
- Egyptian Physical Therapy Syndicate.
- Secretary General of Egyptian Association of Physical Therapy & Medical Rehabilitation.
- The Mediterranean Society of Pelvic Floor Disorders.

### **Accepted Papers**

- Effects of Second Hand Smoking on Lung Functions in Athlete and Non-Athlete School-Aged Children – Prospective Cohort Study, Accepted for publication, African Health Sciences 21-1-2019.
- Examining the impacts of 12-week low to moderate-intensity aerobic exercise on depression status in patients with systolic congestive heart failure - A randomized controlled study, Accepted for publication, Clinics Journal, 2019.

### **Submitted Papers**

- A cross-sectional study on the effect of body mass index and other anthropometric factors on hand grip strength in Bahraini youths, submitted to Medicine Journal 29-4-2019.
- Influence of hand and smartphone anthropometric measurements on hand pain and discomfort, submitted to Medicine Journal 29-5-2019.
- A randomized controlled trial investigating the impact of interferential therapy on pain, range of motion and quality of life in patients with chronic non-specific low back pain, submitted to Medicine Journal 30-5-2019.
- The relationship between the premenstrual syndrome and the quality of sleep among a representative cohort of Egyptian women: cross sectional study, submitted to Scientific Reports 6-3-2019.
- Exploring the relationship between body mass index and anxiety status among Ahlia University students, submitted to Open Access Macedonian Journal of Medical Sciences 1-3-2019.

- The relationship between cigarette smoking habits and physical fitness among male students of Ahlia University, submitted to Archives of the Balkan Medical Union 1-4-2019.
- Examining the impacts of 12-week low to moderate-intensity aerobic exercise on depression status in patients with systolic congestive heart failure - A randomized controlled study, submitted to Clinics Journal 1-12-2018.
- Assessment of the Different Effects of Passive Smoking on Lung Volumes between Athlete and Non-Athlete Young Adults: Case-Control Study, submitted for African Health Sciences 18-6-2019.

### **Published Papers**

- Comparative Study between the Effects of Kinesio Taping and Pressure Garment on Secondary Upper Extremity Lymphedema and Quality of Life Following Mastectomy-A Randomized Controlled Trial, Integrative Cancer therapy, 2019; 18: 1-10. (Scopus Indexed Q1).
- Effect of 4 weeks of whole-body vibration training in treating stress urinary incontinence after prostate cancer surgery: a randomised controlled trial, Physiotherapy 2019; <https://doi.org/10.1016/j.physio.2018.07.013>. (Scopus Indexed Q1).
- The relationship between smoking and body mass index among Ahlia University students, Bioscience Research, 2019; 16(2):1053-1059. (Scopus Indexed Q4).
- Secondary upper limb lymphedema following mastectomy responses to

kinesio taping application: A pilot study, Bioscience Research, 2019; 16(2): 1174-1180. (Scopus Indexed Q4).

- Fecal incontinence responses to anal electrical stimulation, Accepted for publication, Bioscience Research, 2019; 16(2):1167-1173. (Scopus Indexed Q4).
- A cross-sectional study on the correlation between physical activity levels and health-related quality of life in community-dwelling middle-aged and older adults, Medicine (2019)98:11(e14895). (Scopus Indexed Q1).
- A randomized Controlled Trial on The Effectiveness of 8-Week High Intensity Interval Exercise on Intrahepatic Triglycerides, Visceral Lipids, and Health-Related Quality of Life in Diabetic Obese Patients with Nonalcoholic Fatty Liver Disease, Medicine (2019) 98:12(e14918). (Scopus Indexed Q1).
- The effect of cranio-cervical flexion training and rest breaks on neck pain and functional performance in visual display unit users, Bioscience Research, 2018; 15(4): 3708-3717. (Scopus Indexed Q4).
- Laser Photobiomodulation is More Effective than Ultrasound Therapy in Patients with Chronic Nonspecific Low Back Pain: A Comparative Study, Lasers in Medical Science, 2019; 34(4):793-800. (Scopus Indexed Q1).
- Trans-perineal pumpkin seed oil phonophoresis as an adjunctive treatment for chronic nonbacterial prostatitis, Research and Reports in Urology 2018:10 1-7. (Scopus Indexed Q1).
- Evaluating pulmonary function, aerobic capacity, and pediatric quality of

life following a 10-week aerobic exercise training in school-aged asthmatics: a randomized controlled trial, Patient Preference and Adherence 2018:12 1015-1023. (Scopus Indexed Q1).

- A randomized controlled trial comparing helium-neon laser therapy and infrared laser therapy in patients with diabetic foot ulcer, Lasers in Medical Science (2018) 33:1901–1906. (Scopus Indexed Q1).
- Does transcutaneous electrical nerve stimulation reduce pain and improve quality of life in patients with idiopathic chronic orchialgia? A randomized controlled trial, Journal of Pain Research, Journal of Pain Research 2018:11 77–82. (Scopus Indexed Q1).
- Pulsed electromagnetic field with or without exercise therapy in the treatment of benign prostatic hyperplasia, Journal of Physical Therapy Science, 2017; 29: 1305–1310. (Scopus Indexed Q2).
- Experience of dysmenorrhea among a group of Physical Therapy students, Cairo University: An exploratory study, Journal of Pain Research 2017; 10: 1079- 1085. (Scopus Indexed Q1).
- The relationship between the development of musculoskeletal disorders, body mass index, and academic stress in Bahraini University students, Korean J Pain 2017; 30, ( 2): 126-133. (Scopus Indexed Q2).
- Pulsed magnetic field versus ultrasound in the treatment of postnatal carpal tunnel syndrome: A randomized controlled trial in the women of an Egyptian population, Journal of advanced Research, 2017; (8), 45-53. (Scopus Indexed Q1).



- The effect of kinesio taping with exercise compared with exercise alone on pain, range of motion, and disability of the shoulder in postmastectomy females: a randomized control trial, *Journal of Physical Therapy Science*, 2016; 28: 3300–3305. (Scopus Indexed Q2).
- Impact of Interferential Current on Pain Relief among Patients with Orchialgia, *International Journal of Physiotherapy*, 2016; 3(4), 450-454. (Scopus Indexed Q4).
- Efficacy of Lumbar Mobilization on Postpartum Low Back Pain in Egyptian Females: A Randomized Controlled Trial, *Back, journal of Back and Musculoskeletal Rehabilitation*, 2016 Jan 25; 29(1):55-63. (Scopus Indexed Q2).
- Effect of kinesio taping on pain post laporoscopic abdominal surgery: randomized controlled trial, *International Journal of Therapies and Rehabilitation Research* 2015; 4 (5): 250-2552015; 4 (5): 250-255.
- Influence of second degree flatfoot on spinal and pelvic mechanics in young females, *International Journal of Therapy & Rehabilitation*, September, 2013, Volume 20, No. (9), Pages (428-434). (Scopus Indexed Q3).
- Effect of abdominal versus pelvic floor muscle exercises in obese Egyptian women with mild stress urinary incontinence: A randomised controlled trial, *Hong Kong Physiotherapy Journal* (2013) 31. (Scopus Indexed Q3).
- Efficacy of Ultrasound on Bone Mineral Density and Quality of Life in Females Post- mastectomy Patients: Pre-Post Intervention Study, *Indian Journal of Physiotherapy & Occupational Therapy*. October-December

2012, Vol. 6, No. 4. (Scopus Indexed Q4).

- Detrusor instability responses to transvaginal versus posterior tibial nerve stimulation, the Health 2012; 3(4): 90-93.
- Does Aerobic Exercise Training with Weight Loss Affect Serum C-Reactive Protein in Asymptomatic Obese Peri-Menopausal Women? The Medical Journal of Cairo University- Cairo University, Vol. 78, No. 2, December (2010).
- Postmenopausal breast cancer chemotherapy responses antiemetics P6 accustimulation, The Medical Journal of Cairo University- Cairo University, Vol. 78, No. 2, September (2010).
- The role of physical therapy intervention in the management of diabetic neuropathic foot ulcers, medical journal of Cairo University, Vol. 78, No. 2, September (2010).
- Effect of weight reduction on liver enzyme in obese postmenopausal women with chronic hepatitis, Bulletin of Faculty of Physical Therapy- Cairo University, Vol. 15, No. 2, (2010).
- Fecal incontinence responses to posterior tibial nerve stimulation in partial spinal cord injured patients, Bulletin of Faculty of Physical Therapy- Cairo University, Vol. 14, No. 1, (2009).
- Effect of low level laser therapy in the treatment of chemotherapy induced oral mucositis in postmenopausal breast cancer, Bulletin of Faculty of Physical Therapy- Cairo University, Vol.

13, No. 1, (2008).

### **Published Books**

- Rehabilitation for Fecal Incontinence, ISBN-13: 978-3659933929, LAP LAMBERT Academic Publishing, OmniScriptum GmbH & Co. KG, BahnhofstraBe 28, 66111, Saarbrucken, Germany, 2016.
- Abdominopelvic Cavity Concept in Urinary Incontinence Rehabilitation, LAP LAMBERT Academic Publishing, OmniScriptum GmbH & Co. KG, BahnhofstraBe 28, 66111, Saarbrucken, Germany, 2016.
- Role of Exercise in Menopause 1st edition, Cairo, Egypt, 2008.

### **Other Research Activities**

#### **Reviewer in Refereed Journals**

- International Medical Case Reports Journal
- BMC Pediatrics
- Journal of Geriatric Physical Therapy.
- The Brazilian Journal of Physical Therapy.
- BMC Sports Science, Medicine and Rehabilitation
- International Journal of Telerehabilitation.
- Dinal Books.
- Journal of Aging and Physical Activity.

#### **Member in the Editorial Board of the Following Journals**

- Edelweiss Pediatrics Journal
- Physiotherapy quarterly
- International Journal of Therapy and Rehabilitation Research IJTRR.
- Journal of Medicine: Study & Research
- Annals of Urology and Nephrology
- American Research Journal of Orthopedics and Traumatology.
- Journal of medical science and clinical research.
- International Journal of Rehabilitation Sciences.
- International Research of Journal of Medicine and Medical Sciences.
- Physical Medicine and Rehabilitation International.
- International Journal of Physiotherapy and Research.
- International Journal of Health and Rehabilitation Sciences.
- International Journal of Health and Rehabilitation Sciences.
- Archives research international.
- International Journal of Osteology and Orthopedics.
- International Journal of Health Science and Research.
- International Journal of Life-sciences Scientific Research.
- International Journal of Research in Medical Sciences and Technology.
- Cancer research Journal.

- Romanian Journal of Physiotherapy.
- Journal of Headache & Pain Management.
- Galore International Journal of Health Sciences and Research.
- International Journal of Research in Science & Technology.
- Journal of Medicine-Study & Research

### **Brunel (UK) Ahlia (Bahrain) Academy of Supervisor**

- Chairing a session in the 2018, PhD (WR) Annual Doctoral Symposium Organized by Ahlia University (Bahrain)& Brunel University (UK), 11, 12 February, 2018.
- Body& Self Workshop “Cosmetic Surgery” conducted in the Equal opportunity in business& society conference, 8-9 November 2017, Kingdom of Bahrain.
- Research methods workshop “Quality and trust in quantitative data analysis” conducted in the Equal opportunity in business& society conference, 8-9 November 2017, Kingdom of Bahrain.
- Feminist Research “Feminist Judgement Project conducted in the Equal opportunity in business& society conference, 8-9 November 2017, Kingdom of Bahrain.
- Full Membership, Academy of Supervisors by Brunel University London, April 2017.
- 2017 PhD Annual Doctoral Symposium Organized by Ahlia University,

Brunel University London, 12-13 of February 2017.

- 2016 Annual Student Progress Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 21-24 November 2016.
- Critical Friend Workshop Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 24 Amy, 2016.
- Academy of Supervisors Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 25 April, 2016.
- Academy of Supervisors Portfolio Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 22 March, 2016.
- Academy of Supervisors Building Research capacity Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 30 November, 2016.
- 2015 Annual Student Progress Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 21-24 November 2015.
- Ahlia Supervisors on Supervision reflection and Papers Under Preparation Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 28 October, 2015.
- Formal and Informal Review Process Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 27 October 2015.
- How to Evaluate a PhD Applicant Proposal (Part II) Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 2 October 2015.

- The Viva and Beyond (Student Assessment)/ Academic Misconduct Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 27 May, 2015.
- The Process of Supervision Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 26 May, 2015.
- General introduction to Requirements of the Academy and Being a recognized Supervisor Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 25 May, 2015.
- Recent Changes to PGR Code of Practice& Structural/ Government Changes Following TxP Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 24 May, 2015.
- 2016 Annual Student Progress Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 9-12 May 2015.
- 2015 Annual Doctoral Symposium Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 3-4 May, 2015.
- Review Supervision and Publication Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 21 April, 2015.
- How to Sell Your Self& Your Research By ATDC Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 25 February, 2015.
- How to Evaluate a PhD Applicant Proposal (Part I) Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 11 February,

2015.

- Formal Briefing on Brunel University Admission, Supervision and Monitoring Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 1-3 December, 2014.
- Formal Briefing on Brunel University Examination and Student Misconducting Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 1-3 December, 2014.
- SITS Brunel 3D Researcher Development Formal Briefing on Brunel University Admission, Supervision and Monitoring Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 1-3 December, 2014.
- Formal Briefing on Brunel University Help for Time Commitment to Complete PhD in 3 Years Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 1-3 December, 2014.
- Academy of Supervisor Seminar for Interdisciplinary Papers Call Organized by Ahlia University, Kingdom of Bahrain& Brunel University London, 30 October, 2014.

### **Attended Conferences**

- 19th International Scientific Conference of Physical Therapy, Cairo University, Egypt, under the title of (Physical Therapy and A Better Future for the Disabled), 22- 23 March, 2018.
- 18th International Scientific Conference of Physical Therapy, Cairo



university, Egypt, under the title of (Innovative Physical Therapy and Rehabilitation), (Effect of kinesio taping on pain post laporoscopic abdominal surgery: randomized controlled trial), Cairo, Egypt, 16-17 March 2017.

- 17th International Scientific Conference of Physical Therapy, Cairo University, Egypt, under the title of (Empowering Disability), (Investigating The effect of Kinesio Tape Over the Conventional Physical Therapy Management of Shoulder Pain Related Complications in Post-mastectomy Females: A Randomized Controlled Trail), Cairo, Egypt, 10- 11 of March, 2016.
- 17th International Scientific Conference of Physical Therapy, Cairo University, Egypt, under the title of (Empowering Disability), (Detrusor Instability Responses to Transvaginal Versus Posterior Tibial Nerve Stimulation), Cairo, Egypt, 10- 11 of March, 2016.
- The 16th International Scientific Conference, Faculty of Physical Therapy, Cairo University Under The Title of No More Disability, Cairo, Egypt, 5th - 6th of March, 2015.
- The First Bahrain Lymphedema Awareness 6 Conference, 4 Credit Hours, King Hamad Hospital, Kingdom of Bahrain, March 2015.
- Invotech Conference, June, 2013, Kingdom of Bahrain.
- Research Day of Ahlia University. 5-6 November 2012. (Speaker).
- 2nd International Diabetic Foot Conference, Dubai, UAE 24-25 September, 2011. (Speaker).

- 7th GCC of primary Health Care, 3 – 5 May 2010, Bahrain (Speaker).
- The International Stroke Day, 1st October, 2010, Bahrain.
- The 13th International Congress of Faculty of Physical Therapy under the Title of Physical Therapy Between Scientific Distinction and Therapeutic Novelty, 1-2 April, Cairo University, 2010 (Speaker).
- The 4th GCC International Physical Therapy Conference, Manama, Kingdom of Bahrain, 18-19 April, 2009.
- The 12th International Congress of Faculty of Physical Therapy, Cairo University, 4-6 March, 2009.
- The 3rd National Conference of Human Performance in Health & Disability, April 2007. (Speaker).
- The 10th International Scientific Conference of Physical Therapy, (Physical Therapy and Future Challenges) March, 2007.
- The 3rd Scientific Symposium of Community Service and Environment Development, (Surgical Pre Conditions for Rehabilitation after Orthopedic Trauma), December, 2006.
- The 6th Annual Meeting of the Mediterranean Society of the Pelvic Floor Disorders (MSPFD), Cairo, April, 2008. (Speaker).
- The 4th National Conference of Human Performance in Health and Disability, June, 2008. (Speaker).
- The 8th International Scientific Conference of Physical Therapy (physical Therapy and Future Technology), Mach, 2005.

- The 7th International Scientific Conferences of Physical Therapy (Physical Therapy: Medical and Social Rehabilitation), March, 2004.
- The 5th International Scientific Conference (Physical Therapy and Disability Control), March, 2002.
- The 2nd Arab Conference for Physical Therapy (New Era in Physical Therapy), March, 1999.
- The 6th National Conference of Alternative Treatment (Towards Revising and Evaluation of Alternative Treatment Branches), November, 1999.
- The 5th International Conference of Alternative Treatment (The New Scientific Approach for Control Obesity Hazards), November, 1998.
- The 2nd Pan African Sports Medicine Congress of the African Union Sports Medicine, April, 1998.

## **Workshops**

- 32<sup>nd</sup> Hypertension & Cardiovascular Highlight Sessions Accredited by the American Academy of Continuous Medical Education (AACME), April 24, 2019, Kingdom of Bahrain.
- The 31<sup>st</sup> Hypertension & Cardiovascular Highlight Session, Accredited by the American Academy of Continuous Medical Education (AACME), February 20, 2019, Kingdom of Bahrain.
- Effective Teaching Skills, 8-9 August, 2018, Faculty and Leadership Development Center, Cairo University, Egypt.
- Exams & Student Evaluation System, 11-12 August, 2018, FLDC, Cairo

University, Egypt.

- Statistical Analysis of Bio-Experiment, 11-12 August, 2018, FLDC, Cairo University, Egypt.
- Communication Skills, 19-20 March, 2018, Faculty and Leadership Development Center, Cairo University, Egypt.
- Wellbeing 4 life- Women and aging, world women wellbeing, Forum 4-5 April, 2018, Kingdom of Bahrain.
- University Management, 21-22 March, 2018, Faculty and Leadership Development Center, Cairo University, Egypt.
- Hypertension and Cardiovascular Highlight Sessions (Updates on Atrial Fibrillation), February 28, 2018, Kingdom of Bahrain.
- The American Association Continuing Medical education, The 23rd Hypertension& Cardiovascular Highlight Session, 1 Credit of The AACME Designation, Kingdom of Bahrain.
- Hypertension and Cardiovascular Highlight Sessions (Hypertension among Teenagers), October 26, 2016, Kingdom of Bahrain.
- International Seminar Series in Biomechanics by Prof. Jim Richard, 19& 20 October, 2016, Kingdom of Bahrain.
- Hypertension and Cardiovascular Highlight Sessions (Hypertension Data in Bahrain), October 18, 2016, Kingdom of Bahrain.
- The American Association Continuing Medical education, The 21st Hypertension& Cardiovascular Highlight Session, 1 Credit of The AACME

Designation, Kingdom of Bahrain.

- Hypertension and Cardiovascular Highlight Sessions (aortic Artery Disease), May 11, 2016, Kingdom of Bahrain.
- Using A Smart Board in Education Workshop, February 23, 2016, Kingdom of Bahrain.
- The 19th Hypertension& Cardiovascular Highlight Session Provided by Bahrain Specialist Hospital on October 28, 2015, Kingdom of Bahrain.
- The 5th Internal Medicine Grand-Round: Glucococoticoinduced Osteoporosis Provided by Bahrain Specialist Hospital on October 7, 2015, Kingdom of Bahrain.
- Introduction To The Mulligan Concept Workshop Delivered by Brian Mulligan, June, 2015, Kingdom of Bahrain.
- Kinesio Taping (KT3) Defined by Kinesio Taping Association International, March, 2015, Kingdom of Bahrain.
- Hypertension and Cardiovascular Highlight Sessions (Central Pressure Analysis and its Clinical Implications), October 28, 2015, Kingdom of Bahrain.
- Kinesio Taping (KT1&2) Defined by Kinesio Taping Association International, May, 2015, Kingdom of Bahrain.
- Academy of Supervisors by Brunel University Workshop, 1-3 December, 2014, Kingdom of Bahrain.
- The Search for Personal& Business Excellence Workshop, June, 2014,

Kingdom of Bahrain.

- Hypertension and Cardiovascular Highlight Sessions (Diastolic Heart Failure), December 10, 2014, Kingdom of Bahrain.
- Pain Management for People With Persistent Non-specific Low Back Pain Workshop, 13th December, 2013, Kingdom of Bahrain.
- Advanced Smart Board Training Workshop, June, 2013, kingdom of Bahrain.
- The Active Board and Active Inspire Software Workshop, June, 2013, Kingdom of Bahrain.
- Ahlia University Web Page Training Workshop, March, 2013, Kingdom of Bahrain.
- Smart Board Training Workshop, March 2013, Kingdom of Bahrain.
- How to Sell Yourself& Your Research Workshop, February, 2013, Kingdom of Bahrain.
- Peer and Self Review Workshop, February, 2013, Kingdom of Bahrain.
- Adreg System- Dissertation Module Workshop, May, 2012, Kingdom of Bahrain.
- Teaching Methodology Workshop, 21-23 May, 2012, Kingdom of Bahrain.
- Advisor and Counselling Roles& responsibilities Workshop, March, 2012, Kingdom of Bahrain.
- Moodle Workshop, February, 2012, Kingdom of Bahrain.
- The Methodology of Teaching and Learning at Ahlia University: Pedagogy

Dovetails with the Academic Plan, March, 2012, Kingdom of Bahrain.

- Workshop under the title: Handicap comingling in education and work for community build up. 12th international conference of Physical Therapy Faculty, Cairo University, 2009.
- Workshop under the title "For better geriatric care: 12th international conference of Physical Therapy Faculty, Cairo University, 2009.
- Symposium about "Man's well in addiction treatment". Faculty of Physical Therapy, Cairo University.
- Symposium about "Fasting effect on the man's good manners". Faculty of Physical Therapy, Cairo University.
- Symposium about "Man and environment between the civilization and religions". Faculty of Physical Therapy, Cairo University.
- Symposium about "How to be a successful leader". Faculty of Physical Therapy, Cairo University.
- Symposium about "Unforgettable memories about the great October victory". Faculty of Physical Therapy, Cairo University.
- Symposium about "Photography and videotaping: a science and an assessment tool in the physical therapy". Faculty of Physical Therapy, Cairo University.
- Symposium about "Herbal treatment". Faculty of Physical Therapy, Cairo University.
- Symposium about "Role of theater in society education". Faculty of Physical

Therapy, Cairo University.

- Symposium about "University's convoys in acknowledgment of Giza". Faculty of Physical Therapy, Cairo University.
- Symposium about "New treatments of functional dysfunctions of knee joint". Faculty of Physical Therapy, Cairo University.
- Symposium about "Spinal column mechanical dysfunctions: the problem and treatment techniques". Faculty of Physical Therapy, Cairo University.
- Workshop in Strategic Planning for Higher Education, NAQAAE, Cairo, 2009.
- Workshop in Myofascial Release, Nasser Institute, Cairo, 2009.
- Workshop in Can You Justify Your Physiotherapy Practice, Nasser Institute, Cairo, 2009.
- Workshop in Building Bone Health Into your Practice Osteoporosis Functional Examination and Exercise Prescription, Nasser Institute, Cairo, 2009.
- The 17th Seminar (Pudendal Canal syndrome) of the Mediterranean Society of Pelvic Floor Disorders (MSPFD), Cairo, 2008.
- The 16th Seminar (Rectal Prolapse) of the Mediterranean Society of Pelvic Floor Disorders (MSPFD), Cairo, 2008.
- Workshop in Quality in Teaching Methods, Faculty and Leadership Development Center, 22:24-12-2008.
- Scientific Congress of the Department of Physical Therapy for Disturbance of Growth& Development in Children and its Surgery, Faculty of Physical



Therapy, Cairo university, 2008.

- Scientific Symposium of Sports Injuries of the Knee, February, 2008.
- Scientific Course in Diagnostic Radiology X-ray, CT and MRI, (from 23-1 to 16-4-2008).
- The Symposium & Workshop of the Vision for Hemophilia Care in Egypt, 2008.
- The 12th Seminar (Chronic Constipation) of the Mediterranean Society of Pelvic Floor Disorders (MSPFD), May, 2008.
- The Sixth 6th Scientific Symposium of the (Physical therapy Program for Total Hip and Knee Replacement Cases), July, 2006.
- Workshop of P.T. and Neuro-physiological Mechanisms of Post-operative Pain Inhibition, February, 2006.
- The Condensed Scientific Course in Diagnostic Radiology (X-ray, C.T and MRI), February and March, 2005.
- The 4th Scientific Symposium of the Back Dysfunctions: Problem and Management, December, 2005.
- The 3rd Scientific Symposium of the New Strategic Approaches in Management of Stroke Patient, September, 2005.
- Scientific Meeting of the New Era in Electrical Approaches: Evaluation and Treatment Issues), June, 2004.
- The 2nd Scientific Symposium of the New Era in Sports Injuries: P.T Prevention and Treatment, October, 2004.

- Workshop of Electro Diagnosis, March, 2003.
- Workshop of the Lumbar Spine and Pelvic Girdle: Manual Approach, May, 2000.
- Workshop of the (Basic of Sports Medicine), February, 1999.
- Physical Therapy for Sports Injuries Seminars, March, 1998.
- Workshop of CT and MRI, November, 1998.
- Physical therapy for sports injuries seminar, March 1998.
- Workshop of the High Frequency Electrotherapy, November, 1993.

### **Academic Teaching**

- Research Methods in Physiotherapy, 4<sup>th</sup> Year, Ahlia University, Kingdom of Bahrain.
- Cardiopulmonary Medicine and Surgery, 2nd Year, Ahlia University, Kingdom of Bahrain.
- Musculoskeletal Anatomy & Physiology, 2nd Year, Ahlia University, Kingdom of Bahrain.
- Biomechanics, 2nd year, 2nd Year, Ahlia University, Kingdom of Bahrain.
- Introduction to Radiology & Pathology, 2nd Year, University, Kingdom of Bahrain.
- Principles of Electrotherapy, 2nd Year, Ahlia University, Kingdom of Bahrain.

Bahrain.

- Orthopedic, Sports& Rheumatology Physiotherapy, 3rd Year, Ahlia University, Kingdom of Bahrain.
- Pharmacology, 4th Year, Ahlia University, Kingdom of Bahrain.
- Occupational Health Ergonomics in Physiotherapy, 4th Year, Ahlia University, Kingdom of Bahrain.
- Sports Injuries, Ahlia University, Kingdom of Bahrain.
- P.T for Surgery at the 3rd Academic year, Ahlia University, Kingdom of Bahrain.
- P.T for orthopedic at the 3rd Academic year, Faculty of Physical therapy, Cairo University.
- Supervision on Clinical P.T for Orthopedic at the 3rd Academic Year, Faculty of Physical therapy, Cairo University.
- Supervision on Clinical Training to the Students in the Obligatory Training Year, 18 Depart. Orthopedic disease and surgery, Cairo University.
- Supervision on Clinical Training to the Students in the Obligatory Training Year, Kasr El-Einy Center of Radiation, Oncology and Nuclear Medicine, Cairo University.

## **Committees**

- Chairperson of Special Needs Admission Committee (Ahlia University Level).
- Chairperson of Professional Development Committee (Ahlia University Level).
- Chairperson of Special Needs Committee (Ahlia University Level).
- Member of ABET Accreditation Committee for the College of IT.
- Member of Health and Safety Committee (Ahlia University Level).
- Member of Community Engagement Committee (Ahlia University Level).
- Member of Student Academic Advising & Counselling Committee meeting (Ahlia University Level).
- Member of Internship Committee, (Ahlia University Level).
- CEM Committee (Ahlia University Level).
- Adhoc committee for institutional review improvement plan (Ahlia University Level).
- College Council Committee (College Level).
- Head of the Clinic Committee (College Level).
- Head of the Research Committee (College Level).
- Program-Within College Review Committee.
- Member of College Council.
- Member of Departmental Council.
- Curriculum Committee.

- Examination Committee.
- Invitees of UQAC.
- Program Review Subcommittee.
- Clinical Training Subcommittee.

### **Community Services**

- Article about “Magnetic field for treating diseases”, published in Alayam newspaper, Kingdom of Bahrain.
- Delivering Public Lectures Under the Title of: The relationship between physical activity level and body mass index, Quality Education School, Kingdom of Bahrain.
- Article about “Physiotherapy is the best for osteoarthritis”, published in Alayam newspaper, Kingdom of Bahrain.
- Delivering Public Lectures Under the Title of: The relationship between hand grip strength and upper extremity measurement, Quality Education School, Riffa Views International School, Kingdom of Bahrain.

- Article about “Traditional medicine” published in Voice of Ahlia magazine, Ahlia University, Kingdom of Bahrain.
- Delivering Public Lectures under the Title of: The neck circumference as an indicator for obesity, Al Hekma International School, Kingdom of Bahrain.
- Article about “Sciatica...causes and treatment”, published in Voice of Ahlia magazine, Ahlia University, Kingdom of Bahrain.
- Article about “Carpal tunnel syndrome”, published in Voice of Ahlia magazine, Ahlia University, Kingdom of Bahrain.
- World Health day under the patronage of Ahlia University Psychology Club, 2012. (Speaker).
- Research Day of Ahlia University. 5-6 November 2012. (Speaker).
- Article about 95% cure rate, AC can cause Fascial Palsy, published in Al Bilad newspaper, May, 2011.
- Article about Bell’s palsy, published, Akhbar Al Khaleej newspaper, May, 2011.
- The International Stroke Day, October, 2010, Kingdom of Bahrain.
- The health exhibition in Zenobia prep school for girls, December, 2010.
- International Stroke Day, in association with Bahrain Physical Therapy Association BPTA, October 2010.
- The 6th Health festival of Barbar club, May 2010.
- Workshop under the title: handicap comingling in education and work for community build up. 12th international conference of Physical Therapy

Faculty, Cairo University, March 2009.

- Workshop under the title "for better geriatric care: 12th international conference of Physical Therapy Faculty, Cairo University, March 2009.
- Symposium about "man's well in addiction treatment". Faculty of Physical Therapy, Cairo University.
- Symposium about "fasting effect on the man's good manners". Faculty of Physical Therapy, Cairo University.
- Symposium about "man and environment between the civilization and religions". Faculty of Physical Therapy, Cairo University.
- Symposium about "how to be a successful leader". Faculty of Physical Therapy, Cairo University.
- Symposium about "unforgettable memories about the great October victory". Faculty of Physical Therapy, Cairo University.
- Symposium about "photography and videotaping: a science and an assessment tool in the physical therapy". Faculty of Physical Therapy, Cairo University.
- Symposium about "herbal treatment". Faculty of Physical Therapy, Cairo University.
- Symposium about "role of theater in society education". Faculty of Physical Therapy, Cairo University.
- Symposium about "University's convoys in acknowledgment of Giza". Faculty of Physical Therapy, Cairo University.

- Symposium about "new treatments of functional dysfunctions of knee joint". Faculty of Physical Therapy, Cairo University.
- Symposium about "spinal column mechanical dysfunctions: the problem and treatment techniques". Faculty of Physical Therapy, Cairo University.