

CURRICULUM VITAE

Ms. Sonia Bathla

Assistant Director

Deptt of Physical Education & Sports,
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Working Assignment's

- **Sept 2014 – Till Date:** Working at **SRM University, Delhi-NCR, Haryana** as an **Assistant Director (Phy Edu & Sports)**.

Responsibilities: - Heading the Deptt of Physical Education and fulfilling the task of Planning, Budgeting, Staffing, Organization of Sports Meet, University participation in Games & Sports inside and outside the wall, managing and arranging Yoga classes for the students and other deptt related admin work etc.

- **October 2013 – Aug 2014 (10 Months):** Worked at **Amity University, Gurugram, Manesar (HR)** as **Sports Officer**.

Responsibilities: - university sports team preparation for inter university competitions, organization of annual sports meet & interuniversity competitions.

- **March 2012 – September 2013 (1 Yr 6 Months):** Worked at **Vanasthali Public School, Vasundhara (Gzb)** as **Head of Department (Physical education & Sports)**.

- Appointed as an **External Examiner** to conduct Physical Education Practical's for senior secondary classes by **CBSE**.

- Appointed as **Evaluator by CBSE** to evaluate Sr. Secondary School examination, CBSE Board answer sheets.

- Organized **SAMAVESH (Inter Department Annual Sports Meet)** consecutively 4 years in a row 2015-16, 2016-17, 2017-18 & 2018-19 at SRM University, Delhi-NCR, Haryana as an **Organizing Secretary**.

- Was **Member of Organizing Committee (International Interaction)** of **International Conference on Antimicrobial Resistance, Novel Drug Discovery and Development: Challenges and Opportunities** organized by **SRM University, Delhi-NCR, Haryana**.

Professional Qualifications

- Registered Research Scholar for **Ph.D in Physical Education** at Mewar University, Chittorgarh (Raj), India (Thesis Submitted).

- Qualified **UGC NET (Physical Education)** in July 2018.
- Obtained 1 month **Foundation Course in Yoga Science for wellness** in Oct 2017 from Morarji Desai National Institute of Yoga, Delhi.
- Obtained **MBA (Sports Management)** in 2015-17 from Tamilnadu Physical Education & Sports University (Distance Learning), Chennai.
- Obtained **Master of Physical Education (M.P.Ed)** in 2008-10 from NCPE, Dadri (UP) affiliated by CCS University Meerut.
- Obtained **Bachelor in Physical Education (B.P.Ed)** in 2007-08 from NCPE, Dadri (UP) affiliated by CCS University Meerut.

Specialization

- Sports Management (Subject Specialization)
- Hockey (Game Specialization)

Research Paper's & Book Publications

- Paper accepted titled “**A Comparative Study on Sources of Stress between National & International Male Hockey Umpires**” as **Author** in UGC Sponsored “3rd National Conference on Latest Trends in Health and Physical Education” organized by University College of Medical Sciences, Dilshad Garden, Delhi from August 20-21, 2019.
- Presented Paper titled “**A Comparative Study on Sources of Stress between National & International Female Hockey Umpires**” as **Author** in the National Conference on “Technological Innovations in Management, Engineering and Science” organized by SRM University, Delhi-NCR, Sonapat, Haryana from April 26-27, 2019.
- Published Paper titled “**Measurement of Competitive Sports Anxiety between University Level basketball & Football Players**” as **Author** in International Journal of Physiology, Nutrition and Physical Education with ISSN- 2456-0057, Impact Factor: 5.43 (RJIF) in Volume: 4, Issue: 01, Pages: 704-705, Year: 2019.
- Published Paper titled “**Perceived Sources of stress among National Hockey Umpires in India**” as **Author** in International Journal of Physical Education and Sports with ISSN- 2456-2963, Impact Factor: 3.125 (RIF) in Volume: 3, Issue: 04, Pages: 19-21, Year: 2018.
- Published Paper titled “**Coping Strategies used by International Male Hockey Umpires**” as **Author** in International Journal of Physical Education, Health & Sports Sciences (IJPEHSS) with ISSN- 2279-0306, Impact Factor: 0.641 (ISRA) in Vol.7 Issue-I, March 2018.

- Presented paper on **“A study related to sources of stress in International Female Hockey Umpires”** as **Author** in the National Conference organized by Deptt of Commerce, Govt College Jatauli-Haily Mandi, Gurugram from 2nd – 3rd Feb 2018.
- Published Paper titled **“Coping Strategies related to Stress management used by Field Hockey Umpires in India”** as **Author** in International Journal of Physical Education and Sports with ISSN- 2456-2963, Impact Factor: 3.125 (RIF) in Volume: 2, Issue: 12, Pages: 06-09, Year: 2017.
- Text Book Published for **Senior Secondary Classes on Physical Education** for **CBSE Syllabus** with Tarun Publication in 2014.
- Presented paper on **“A study and evaluation of use of ICT in the teaching process of Physical Education Colleges”** as **Co-Author** in the International Symposium organized by Noida College of Physical Education from 2nd – 3rd Apr 2011.
- Presented paper on **“Role of E-Learning to enhances qualities of Physical education Teachers & Coaches”** as **Co-Author** in the National Conference and exhibition organized by Noida College of Physical Education from 5th -7th Feb 2010.

Seminar, Conferences & Workshops

- Attended one day basic training program **“Train the Trainer Program on Anti-Doping”** organized by National Anti-Doping Agency (NADA) on 12th Sept 2018 at New Delhi.
- Attended an International Conference **“SAICON- International Conference on Sports Medicine & Sports Sciences”** organized by SAI & MYAS in 2017.
- Attended a **“Workshop on Yoga & Fitness (Attainment of Holistic Health & Joyful Living through Yoga & Fitness)”** Organized by Physical Education Foundation of India in 2016.
- Attended a **“National Conference and Exhibition on recent trends in Physical Education and Sports Technology”** Organized by the Department of Physical Education N.C.P.E Dhoom Manikpur.
- Attended a **“National Conference Cum-Workshop Sports and Society”** organized by the Department of Physical Education N.C.P.E Dhoom Manikpur.
- **“Training Leadership and Scouting Camp 2009”** at Haridwar (Raiwala) Organized by Department of Physical Education N.C.P.E Dhoom Manikpur
- Attended a **“National Workshop on Research Methodology & Data Analysis through SPSS”** organized by the Department of Physical Education N.C.P.E Dhoom Manikpur.
- Attended a **“National Workshop on Development of Audio-Visual Materials”** organized by the Department of Physical Education N.C.P.E Dhoom Manikpur.

- Attended an “**International Symposium on Global Trends of Physical Education and Sports in 21st Century**” Organized by the Deptt. of Physical education N.C.P.E Dhoom Manikpur.

Member of Bodies

- Member of **Hockey India Umpiring, Technical & Competition Committee.**
- **Editorial Board** member of **International Journal of Sport, Exercise and Health Research**, a peer reviewed International Open Access Journal which dealing with basic and applied information that advance the field of sports medicine, exercise science and health research, and offer a better understanding of biomedicine.
Weblink: http://www.sportscienceresearch.com/editorial_board.html

Non Academic Achievements in Games & Sports

International:-

- Appointed as **Technical Delegate/Tournament Director** from India by Asian Hockey Federation (AHF) for **Women’s Jr. AHF Cup 2019** held at Singapore.
- Appointed as a **Technical Officer** from India by Federation of International Hockey (FIH) in **Test Event (READY STEADY TOKYO)** in preparation of the **XXXII Olympiad – Tokyo 2020.**
- Appointed as a **Match Manager** from India by Federation of International Hockey (FIH) in **FIH Pro League 2019** at Changzhou, China.
- Appointed as a **Technical Officer** from India by Federation of International Hockey (FIH) in **Youth Olympic Games 2018** held at Buenos Aires, Argentina.
- Appointed & Officiated as a **Judge** from India by Asian Hockey Federation in **Youth Olympic Games Qualifier (Women) 2018** held at Bangkok.
- Appointed & Officiated as a **Neutral Technical Officer** from India by Asian Hockey Federation in **Women’s Hockey Asia Challenge Cup 2017** held at Brunei.
- Appointed & Officiated as a **Neutral Technical Officer** from India by Asian Hockey Federation in **Women’s AHF Cup 2016** held at Bangkok (Thailand).
- Appointed & Officiated as a **Judge** from India by Asian Hockey Federation in **7th Jr. Women Asia Cup 2015** held at Changzhou (China).

- Officiated as a Judge **5 times** in ***Hockey India League 2013, 2014, 2015, 2016 & 2017.***
- Officiated as an **Umpire** in **India-Azerbaijan Women Hockey Test Series** 2011-12 held at Delhi.

Awards/ Honour's

- Affiliated the only female International Hockey Official in Pro League Panel by Federation of International Hockey (FIH).
- Affiliated International Hockey Official by Asian Hockey Federation (AHF).
- Received title of “**Outstanding Player of the Year**” by Deptt of Sports, Vivekananda College, Delhi University.