

Name: Manal Kamel Youssef

Date of Birth: 28/11/1968.

Nationality: Egyptian.

Marital status: Married.

Address: Nasr City, Cairo, Egypt.

Phone: 01007734694-01227476409

E-mail: manal.kamel@cu.edu.eg

manal.Kamel@hotmail.com



Google Scholar profile:

<https://scholar.google.com/eg/citations?user=YqRYciMAAAAJ&hl=en>

Cairo university scholar:

https://scholar.cu.edu.eg/?q=manal_kamel/

Scopus:

<https://www.scopus.com/authid/detail.uri?origin=resultslist&authorId=57191913102&zone=>

SSRN Url:

https://papers.ssrn.com/sol3/cf_dev/AbsByAuth.cfm?per_id3386600

Research Gate Profile:

https://www.researchgate.net/profile/Manal_Youssef5

Researcher ID:

B_5010_2018

Orcid:

<https://orcid.org/0000-0003-1663-8968>

Kudos:

<https://www.growkudos.com/hub/28590/publications>

Degree:

- 1- Bachelor's degree in physical therapy in 1990.
 - 2- Master's degree in physical therapy in 2000, Faculty of Physical Therapy, Department of cardiopulmonary, respiratory disorders and geriatrics, Cairo University, Egypt.
- Thesis name:** Short Term Exercise Training for Patient with Congestive Heart Failure.
- 3- doctoral degree in Physical Therapy 2008, Faculty of Physical Therapy, Department of cardiopulmonary, respiratory disorders and geriatrics, Cairo University, Egypt.

Thesis name: The Efficacy of Passive Movement Versus Faradic Stimulation in Decreasing Susceptibility of Deep Venous Thrombosis in Calf Muscle Pump Failure.

4-Lecturer in physical therapy 27/5/2009

5-Scientific committee: 27/04/2016.

6-Assistance professor of physical therapy at Cairo university hospitals, Egypt from 28/06/2016.

Experience:

- 1- Reviewer at international journal of therapy and rehabilitation mark Allen group. ISSN: (online)1759-779x.
- 2- Reviewer at world journal of pharmacy and pharmacology premier group of publishing. ISSN: 2278-4357.
- 3- Reviewer at journal of Arab society of medical research Wolter Kluwer - Medknow publication. ISSN1687-4293. Online ISSN:2090-3286.
- 4- Reviewer at journal of medicine. wolter kluwer publication. ISSN:0025-7974. Online ISSN:1536-5964.
- 5- Chief editor at journal of medical science and clinical research. IGM publication. ISSN(e)-2347-176x. ISSN(p)2455-0450.
<http://jmscr.igmpublication.org/home/index.php/2013-12-23-15-46-40/board-member>
- 6-Editor at journal of health and medical research ISSN2476-5376.
eISSN2322-3308
<https://www.lexispublisher.com/health-medical-research.html>.
- 7-Editor at journal of Rheumatic diseases and treatment
rheumatology@edelweisspublications.net
- 8-Editor at journal of Research and Advances in Pharmacy and Life Sciences MAT publications.
- 9-Editor at Journal of Clinical Trials and Regulations. MAT publications.
- 10-Editor at Research and review: Journal of Geriatrics nursing and health sciences. MAT publications.
- 11- have my own profile at publons, web of science, and end note.
- 12-I have my own profile at Elsevier researcher academy.

Activities:

- 1- Teaching and clinical Training of student of third grade, faculty of physical therapy, Cairo university from 2006 and until 2019.

- 2- Participate in examination of student of third grade, faculty of physical therapy, Cairo university from 2006 and until 2019.
- 3- Teaching of students of Egyptian fellowship board of physical therapy, ministry of health Arab republic of Egypt.
- 4- Chief of unit of physical therapist in the department of internal medicine, Cairo university hospitals, Giza Egypt.
- 5- Prepare the unit of physical therapy in the department of internal medicine Cairo university hospitals.
- 6- supervision of physical therapy department (doctors, trainee, students and patients).

List of publication:

- 1- Metabolic, Adipocytokines and Clinical Characteristic Alteration in Obese Egyptian Women: Effect of Exercise versus Very Low Caloric Diet. The Egyptian journal of biochemistry and molecular biology. April 2012; 31-58.
- 2- Effect of Life Style Modification on Patients with Metabolic Syndrome. Kasr El Aini Medical Journal January 2014; 20(1):9-16.
- 3- Aerobic Exercise versus Neuro Muscular Electric Stimulation Effects on Dynamic Balance in Patients with Chronic Renal Failure. Kasr El Aini Medical Journal May 2014; 20 (2): 45-55.
- 4- The Impact of Neuromuscular Electric Stimulation versus Aerobic Exercise in Rehabilitation of Patients with Chronic Heart Failure. Journal of the Arab Society for Medical Research June 2014; 9 (1): 40-47.
- 5- The Impact of Obesity on Walking and Physical Performance. The Egyptian Journal of Internal Medicine June 2014; 26 (2): 40-44.
- 6- Effect of Physical Therapy on Range of Motion and Pain in Cases of Femoral Head Avascular Necrosis after Kidney Transplantation. The Medical Journal of Cairo University December 2014; 82 (1)697-705.
- 7- Resistance Training Versus Aerobic Training on Obese Non-Alcoholic Fatty Liver. The Medical Journal of Cairo University December 2014; 82(2).
- 8- Effect of Exercises in Diabetic Renal Failure. International journal of therapy and rehabilitation October 2016; 3(10):472-479.
- 9- Efficacy of Neuromuscular electric stimulation versus aerobic exercises on uremic restless leg syndrome. international journal of therapy and rehabilitation. Mark Allen publication 26(10):1-12. <https://doi.org/10.12968/ijtr.2017.0132>.
- 10- Effect of walking and aerobic exercise on physical performance and depression in cases of type 2 diabetes mellitus. Doi: 10.4103/ejim.ejim_116_18. The Egyptian journal of internal medicine published by Wolter Kluwer-Medknow. 2019, 31(2):142-148.
- 11- Effect of Exercises Training on Fatigue, Depression and Physical Activity in Patients with Systemic Lupus Erythematosus. J Health Med Res 2019; 1(1): 8.

Awards: Award of Cairo University for international research 2016.

